

## Katie Conference 2024

### Tentative Agenda



#### Friday, April 12, 2024

|                |   |
|----------------|---|
| 4:30–6:30 p.m. | Registration – Hotel Lobby   Dinner on own                      |
| 5:30–7         | Welcome Reception – Grand Foyer B                               |
| 7–9            | Devotion   Opening Activities – Deb Kasper<br>Intro   Amy Meyer |
| 9–11           | Wine and Cheese Reception                                       |

#### Saturday, April 13, 2024

|               |   |
|---------------|---|
| 8–9 a.m.      | Breakfast   |
| 9–9:15        | Music   |
| 7–11:45       | Counseling Sessions: Cheryl Spaulding – Boardroom                                   |
| 9:15–10:30    | Session 1   Pause: Permission to Rest - Amy Meyer                                   |
| 10:30–10:45   | Break   |
| 10:45–12 p.m. | Session 2   Breathe: God’s Amazing Design – Amy Meyer                               |
| 12–1:15       | Lunch   |
| 1:15–2:45     | Session 3   Appreciate: The Gift of Gratitude – Amy Meyer                           |
| 1–5:45        | Counseling Sessions: Cheryl Spaulding – Boardroom                                   |
| 2:45–3        | Announcements   |
| 3–6           | Free Time<br>Craft Project   Mat Making   Cardio Drumming   Shopping   Walking etc. |
| 5:30          | Hymn Sing   Diane Dowding   |
| 6             | Dinner  |
| 7–9           | Game Night   Fellowship   |
| 7–10:45       | Counseling Sessions: Cheryl Spaulding – Boardroom                                   |

#### Sunday, April 14, 2024

|                |  |
|----------------|--|
| 8:30–9:20 a.m. | Breakfast  |
| 9:30–10:30     | Session 4   Now What? A Plan Moving Forward – Amy Meyer  |
| 10:45–11:45    | Worship Service with Communion   Preacher: Rev. David A. Davis<br><i>Offering for Wellspring Lutheran Services &amp; Birth Brite Foster Closet</i> |
| 11:45          | Closing Remarks   Checkout by 1 p.m.   |