



June 3, 2023

*“Do you not know that in a race all the runners
run, but only one gets the prize?
Run in such a way as to get the prize.”
1 Corinthians 9:24*

**Live results can be found at:
fatresults.com**



#miLCMStrack

Valley Lutheran High School | Saginaw

2023 Michigan Lutheran State Track Meet

Order of Events

*One event will directly follow the other.
Athletes must be present when their event starts or they will be disqualified.*

High Jump

8:15 a.m.	ALL High Jump Practice	
9 a.m.	"B" Pit	"A" Pit
	4-6 GIRLS	7-8 GIRLS
	4-6 BOYS	7-8 BOYS

Shot Put

8:15 a.m.	ALL Shot Put Practice
9 a.m.	7-8 GIRLS
	4-6 GIRLS
	7-8 BOYS
	4-6 BOYS

Long Jump

8:15-8:45 a.m.	ALL Long Jump Practice
9 a.m.	7-8 BOYS
	4-6 BOYS
	7-8 GIRLS
	4-6 GIRLS

Running Events

Running events will begin as soon as field events are complete at approximately 11 a.m. in the following order:

100 Meter Prelims
4x200 Meter Relay
1600 Meter Run
100 Meter Finals
400 Meter Run
200 Meter Dash
800 Meter Run
4x100 Meter Relay
4x400 Meter Relay

The race order of each running event will be as follows:

4-6 Girls, 4-6 Boys, 7-8 Girls, 7-8 Boys

Coaches' Meeting: 8:30—final scratches or 10:30—concerns before start of running events.

Medals will be awarded following each event to the top **EIGHT** finishers.

A trainer will be available on the infield throughout the meet.

The infield is strictly closed to athletes, parents, fans, and team tents!

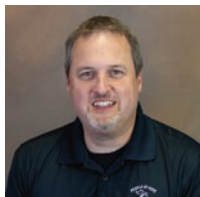
Welcome

Welcome to the 2023 Michigan District State Track Meet!

We are thankful for all the athletes, coaches, and parents who have put in so much time and effort to make it to this final meet. It is our prayer that all the students are able to perform at their very best today as they have fun competing with their friends from the Lutheran schools across the state. Hopefully, you are reading this with sunshine and 80 degree weather so we can enjoy the meet even more!

I want to give an extra big 'Thank you' to the committee who made this day possible. Without the dedication of faithful volunteers, our Lutheran schools couldn't offer all the extra-curricular activities that challenge and encourage our students to grow both on and off the field. Committee ... your reward is in heaven 😊!!

God's richest blessings as you enjoy this (hopefully sunshine-filled) day! May His love continue to flow to you and through you...



Travis Grulke
Superintendent of Schools
Region II Director



Eric Smith
Saginaw Valley HS
State Meet
Co-Director



John Boldt
Trinity, Monroe
Statistician & Record
Keeper, T-Shirts



David King
St. Paul, Flint
Region I Co-Director
State Meet Co-Director



Tim Siekmann
Trinity, Utica
Region III Director

Check out our I Heart Lutheran Schools facebook page
facebook.com/lutheranschools/



The Michigan Lutheran Track Committee
is a committee of the Michigan District, LCMS.

2023 Regional Track Meet Totals

44 Schools | 551 Boys | 499 Girls | 1050 Total

REGION I - SAGINAW

Code	School	City	Boys	Girls	Total
FBC	Faith	Bay City	16	17	33
IBC	Immanuel	Bay City	1	9	10
JAM	St. John	Bay City	7	9	16
TBC	Trinity	Bay City	12	5	17
ZBC	Zion	Bay City	8	4	12
PFL	St. Paul	Flint	5	7	12
LFR	St. Lorenz	Frankenmuth	31	25	56
PHE	St. Peter	Hemlock	7	5	12
PLA	St. Paul	Lapeer	2	2	4
JMD	St. John's	Midland	6	5	11
PMI	St. Paul	Millington	8	9	17
TRE	Trinity	Reese	11	12	23
MRI	St. Michael's	Richville	7	10	17
BSA	Bethlehem	Saginaw	10	8	18
HCS	Holy Cross	Saginaw	6	4	10
PSA	Peace	Saginaw	15	12	27
PSG	St. Paul's	Saginaw	12	11	23
CSE	Christ the King	Sebewaing	0	12	12
SJRC	St. John	Rogers City	1	2	3
19 Schools		Totals	165	168	333

REGION II - ANN ARBOR

Code	School	City	Boys	Girls	Total
PAA	St. Paul	Ann Arbor	27	17	44
GUD	Guardian	Dearborn	22	11	33
OSH	Our Savior	Hartland	17	13	30
TRJ	Trinity	Jackson	9	6	15
OSL	Our Savior	Lansing	17	20	37
STPL	St. Paul's	Livonia	10	9	19
HGM	Holy Ghost	Monroe	8	9	17
TRM	Trinity	Monroe	10	13	23
PNP	St. Paul	Napoleon, OH	20	16	36
JNB	St. John	New Boston	13	8	21
CSO	Christ the King	Southgate	12	8	20
TTO	Trinity	Toledo, OH	11	11	22
MWA	St. Michael	Wayne	10	13	23
13 Schools		Totals	186	154	340

REGION III - MACOMB

Code	School	City	Boys	Girls	Total
OSB	Our Shepherd	Birmingham	21	15	36
TCT	Trinity	Clinton Township	24	9	33
PEP	St. Peter's	Eastpointe	15	9	24
JFR	St. John	Fraser	20	20	40
IMC	Immanuel	Macomb	26	28	54
PMC	St. Peter	Macomb	28	28	56
CRD	Concordia	Redford	5	4	9
JRO	St. John	Rochester	17	20	37
PST	Peace	Shelby Township	13	8	21
TUT	Trinity	Utica	10	18	28
MWL	St. Matthew	Walled Lake	12	8	20
MWE	St. Matthew	Westland	9	10	19
12 Schools		Totals	200	177	377

Description of Events

High Jump: Each participant is allowed a predetermined amount of attempts at each height. The bar is raised 2" after each of the first two rounds of competition, after which it is raised 1".

Long Jump: Each participant is allowed three attempts during the time scheduled for his/her class. Measurement is made from the edge of the take-off board (closest to the pit) to the competitor's nearest point of contact in the pit perpendicular to the board. Places are awarded on the longest of the three jumps.

Shot Put: Each participant is allowed three puts. Measurement is made from the inside edge of the toe board to the shot's nearest point of contact in the field on a line through the center of the ring. Competitors must enter and leave the ring from the back. Boys will use an 8-pound shot while girls will use a 6-pound shot. Places are awarded on the longest of the three puts.

100 Meter Dash-Prelims: Run in lanes on the straightaway. This is the only competition with preliminaries. Prelims are seeded and run in heats based on times from Regional meets. The top eight times from these prelims qualify participants for the finals, which are run following the 1600 meter run.

200 Meter Dash: This half-lap race is run in lanes using a one-turn stagger. Heats for this race are Final Heats with places awarded based on times. The higher seeds are all in the last heat.

400 Meter Dash: This one-lap race is run in lanes using a two-turn stagger. Heats for this race are Final Heats with places awarded based on times. The higher seeds are all in the last heat.

800 Meter Run: This is a two-lap race. All participants for each class run in one race. Places are awarded on order of finish.

1600 Meter Run: This is a four-lap race. All participants for each class run in one race. Places are awarded on order of finish.

4x100 Meter Relay: Run in teams of four with each participant running 100 meters. This one-lap race will use a two-turn stagger with each team running in the same lane the entire race. Heats for this race are Final Heats with places awarded based on times. The higher seeds are all in the last heat.

4x200 Meter Relay: Run in teams of four with each participant running 200 meters. This two-lap race will use a four-turn stagger with each team running in the same lane the entire race. Heats for this race are Final Heats with places awarded based on times. The higher seeds are all in the last heat.

4x400 Meter Relay: Run in teams of four with each participant running 400 meters. This four-lap race will use a three-turn stagger. The first runner must run in his/her lane, the second runner runs in his/her lane through the completion of the first turn (the start of the back straightaway). Heats for this race are Final Heats with places awarded based on times. The higher seeds are all in the last heat.

Camp is a great summer experience for our kids of all ages. Check out our camps to learn more about the opportunities for your child to enjoy a week at camp.

www.camp-arcadia.com

www.campconcordia.org/

www.camplulaylea.org/



Meet Program - Ordered Meet Events Compliments of Michiana Timing

Michigan District Lutheran MS Track and Field Championship - 6/3/2023

Saginaw Valley Lutheran HS

Meet Program - Championship Session

Girls 100 Meters 4th, 5th, 6th - B

Prelims

Best 8 times advance to Finals

Heat 1

1	Silvagi, Olivia	6	MACOMB ST. P...	15.74
2	Witte, Marissa	5	NAPOLEON ST. ...	15.48
3	Damore, Bella	6	MONITOR TRIN...	15.44
4	Panetta, Lyla	6	UTICA TRINITY ...	15.33
5	Long, Breslyn	6	LANSING OUR ...	15.39
6	Macri, Ariana	6	MACOMB ST. P...	15.45
7	Knutson, Isabel	5	MACOMB ST. P...	15.56

Heat 2

1	Burrows, Claire	6	MILLINGTON ST...	15.08
2	O'Neill, Alexis	5	SOUTHGATE C...	15.04
3	Hannewald, Gabby	6	ANN ARBOR ST...	14.76
4	Naumann, Lyla	6	SAGINAW ST. P...	14.68
5	Cognitore, Claire	6	MACOMB IMM...	14.75
6	Smith, Scarlet	6	FRANKENMUT...	14.98
7	Decker, Lilly	6	ST. MICHAEL (...)	15.05
8	Gushow, Alaina	6	MONITOR TRIN...	15.27

Girls 100 Meters 7th, 8th - A

Prelims

Best 8 times advance to Finals

Heat 1

1	Penn, Mychala	8	CLINTON TRINI...	14.96
2	Burhop, Hannah	8	TRINITY REESE	14.85
3	Avolio, Estella	8	MACOMB ST. P...	14.63
4	MacDonald, Emma	7	ST. JOHN-AMEL...	14.40
5	Rosecrans, Charlotte	8	FAITH BAY CITY	14.57
6	Alfonsi, Isabella	7	MACOMB IMM...	14.84
7	Altom, Elyannah	8	FRANKENMUT...	14.88

Heat 2

1	Erickson, Sydney	8	SOUTHGATE C...	14.22
2	Stark, Gloria	8	MIDLAND ST. J...	14.16
3	Martoni, Liana	8	UTICA TRINITY ...	13.99
4	Sims, Ella	8	SOUTHGATE C...	13.15
5	Schuessler, Julie	8	ST. PAUL'S EVA...	13.71
6	Testorelli, Cianna	8	LANSING OUR ...	14.01
7	Flagg, Shalynn	7	LANSING OUR ...	14.20
8	Laroche, Addyson	8	WALLED LAKE S...	14.35

Boys 100 Meters 4th, 5th, 6th - B

Prelims

Best 8 times advance to Finals

Heat 1

1	Schlieger, Josh	6	FLINT ST. PAUL	15.31
2	Wodzinski, James	6	BIRMINGHAM ...	15.10
3	May, Luke	6	MACOMB ST. P...	14.87
4	Schuessler, Micah	6	ST. PAUL'S EVA...	14.76
5	Vallade, Thomas	5	MONROE TRINI...	14.86
6	Norton, Parker	5	FAITH BAY CITY	14.97
7	DiStefano, Matty	6	MACOMB ST. P...	15.22
8	Klemish, Brady	6	HEMLOCK ST. P...	15.48

Heat 2

1	Kress, Matthew	6	MACOMB IMM...	14.43
2	Bowers, Gavin	6	UTICA TRINITY ...	14.30
3	Kourieh, Gabriel	5	MACOMB ST. P...	14.25
4	Robinson, Leo	6	FLINT ST. PAUL	13.84
5	Richardson, Emmett	6	HOLY CROSS L...	14.00
6	Moyer, Thaddeus	6	HARTLAND OU...	14.30
7	Englert, Jonas	6	DEARBORN GU...	14.33
8	Bellino, Bryce	6	MONROE TRINI...	14.61

Boys 100 Meters 7th, 8th - A

Prelims

Best 8 times advance to Finals

Heat 1

3	Wenzell, Evan	8	SAGINAW ST. P...	13.66
4	Walker, Nicholas	7	TOLEDO TRINIT...	13.40
5	Bitzer, Logan	8	FAITH BAY CITY	13.44

Heat 2

1	Grenz, Nate	8	SOUTHGATE C...	13.38
2	Livingston, Nigel	8	PEACE SAGINAW	13.31
3	Marth, Collin	8	MACOMB IMM...	13.29
4	Katenhus, Max	8	FAITH BAY CITY	13.04
5	Begeman, Brady	8	SOUTHGATE C...	13.22
6	Horvath, Malachi	8	MACOMB IMM...	13.30
7	Bailey, Caleb	8	WESTLAND ST. ...	13.33

Heat 3

1	Streather, Ethan	8	WALLED LAKE S...	12.83
2	Naumann, Josiah	8	SAGINAW ST. P...	12.73
3	Bryant, Adrien	8	CONCORDIA LU...	12.31
4	Thiessen, PJ	8	ROCHESTER ST...	12.09
5	Yeah, Levi	8	LANSING OUR ...	12.16
6	Adams, Cameron	8	WALLED LAKE S...	12.36
7	Previle, Nicholas	7	FRASER ST. JOH...	12.81
8	Szasz, Ayden	8	DEARBORN GU...	12.96

Girls 4x200 Relay 4th, 5th, 6th - B

Finals

Heat 1

3	ANN ARBOR ST. PAUL	'A'	2:39.36
1) Varblow, Naomi	4	2) Nolin, Amanda	4
3) Smith, Averie	5	4) Nolan, Natalie	6
4	NAPOLEON ST. PAUL LUTHERAN	'A'	2:21.87
1) Dehnbostel, Allison	6	2) Ridley, Cassandra	6
3) Crandall, Makenna	6	4) Schlosser, Madelyn	6
5	MONROE TRINITY LUTHERAN	'A'	2:24.43
1) Frank, Paige	6	2) Little, Lacie	6
3) Beaton, Karis	5	4) Oetjens, Olivia	6

Heat 2

1	CHRIST THE KING (SEBEWAING)	'A'	2:18.21
1) Becker, Rachel	6	2) Scharf, Heidi	6
3) Roemer, Peyton	6	4) Schulz, Charlotte	6
2	FRASER ST. JOHN LUTHERAN	'A'	2:15.16
1) Blick, Izzy	6	2) Snell, Hannah	6
3) Rausch, Ellie	6	4) Joque, aaliyah	6
3	FRANKENMUTH ST LORENZ LUTHER	'A'	2:13.54
1) Parker, Emma	6	2) Schmidt, Lucy	5
3) Beyerlein, Bella	5	4) Smith, Scarlet	6
4	MACOMB IMMANUEL LUTHERAN	'A'	2:03.44
1) Kress, Amanda	6	2) Cognitore, Claire	6
3) Frye, Morgan	6	4) Ruffino, Mia	6
5	MACOMB ST. PETER LUTHERAN	'A'	2:09.89
1) Macri, Ariana	6	2) Silvagi, Olivia	6
3) Knutson, Isabel	5	4) Lantzy, Grace	5
6	ROCHESTER ST. JOHN LUTHERAN	'A'	2:13.56
1) Kuntzman, Kiera	6	2) Chang, Maddie	6
3) Wysokinski, Leah	6	4) Jones, Annabelle	6
7	LANSING OUR SAVIOR LUTHERAN	'A'	2:17.67
1) DeYarmond, Marie	6	2) Totten, Jenelle	6
3) Couser, Ella	5	4) Paxton, Alyssa	5
8	FAITH BAY CITY	'A'	2:19.73
1) Gray, Kennedi	6	2) Harvey, Blair	5
3) Schisler, Kinsley	5	4) Panzner, Aliyah	6

Boys 4x200 Relay 4th, 5th, 6th - B

Finals

Heat 1

3	RICHVILLE ST MICHAEL'S LUTHE	'A'	2:25.20
1) Gebhardt, Lane	4	2) Hecht, Nathan	5
3) Bierlein, Lucas	4	4) Rodammer, Remy	5
4	FRASER ST. JOHN LUTHERAN	'A'	2:20.58
1) Bringold, Seth	5	2) Hang, Ethan	5
3) Hoehner, Sam	6	4) Haak, aaron	5
5	ANN ARBOR ST. PAUL	'A'	2:20.98
1) Hall, Luke	6	2) Joshua, Matthew	5
3) Ried, Alex	5	4) Rudy, Philip	4
6	LANSING OUR SAVIOR LUTHERAN	'A'	2:25.55
1) Myers, Bennett	5	2) Florian, Flavius	5
3) Hall, Brooks	5	4) Greve, Malachi	6

Heat 2

1	PEACE SAGINAW	'A'	2:18.86
1) Klimmek, Conner	6	2) Singh, Navraj	6
3) Kaul, Connor	6	4) Boehm, Christian	4
2	FAITH BAY CITY	'A'	2:14.57
1) Stopyak, Samuel	5	2) Simon, Noah	6
3) Eggers, Garrett	5	4) Norton, Parker	5
3	NAPOLEON ST. PAUL LUTHERAN	'A'	2:08.21
1) Durham, Simon	6	2) Head, Cale	6
3) Bechtol, Quinten	6	4) Morris, Connor	6
4	MACOMB IMMANUEL LUTHERAN	'A'	2:03.09
1) Ramey, Charleston	4	2) Probst, Jacob	6
3) Messina, Benny	6	4) Kress, Matthew	6
5	BIRMINGHAM OUR SHEPHERD LUTH	'A'	2:07.68
1) Grams, Nathan	6	2) Siefker, Eli	6
3) Check, Michael	4	4) Trachsel, Cash	6
6	MACOMB ST. PETER LUTHERAN	'A'	2:12.22
1) Justice, Carter	6	2) Anconetani, Enzo	5
3) DiGiorgio, Johnny	6	4) DiStefano, Matty	6
7	FRANKENMUTH ST LORENZ LUTHER	'A'	2:17.60
1) Cramer, Oliver	6	2) Schafsnitz, Camron	6
3) Southgate, Liam	6	4) Hoard, Emerson	6
8	HOLY GHOST LUTHERAN	'A'	2:20.51
1) O'Nan, Brayden	6	2) Stout, Hunter	4
3) Gruber, Paul	5	4) Holbert, Paul	4

Girls 4x200 Relay 7th, 8th - A

Finals

Heat 1

3	NAPOLEON ST. PAUL LUTHERAN	'A'	2:17.24
1) Butler, Addison 8	2) Dehnbostel, Jillian 8		
3) Ressler, Tessa 7	4) Gerken, Avery 7		
4	ANN ARBOR ST. PAUL	'A'	2:13.44
1) Welch, Megan 8	2) Uher, Sasha 7		
3) Hannewald, Gabby 6	4) Samborn, Lena 8		
5	PEACE SHELBY	'A'	2:16.01
1) Phillips, Hailey 8	2) Parow, Ayda 6		
3) Honce, Leah 8	4) Schlaps, Greta 8		
6	ST JOHN'S LUTHERAN (WALTZ)	'A'	2:20.19
1) Richert, Reagan 8	2) Marut, Ella 7		
3) Kaminski, Skylar 8	4) Goehmann, Marian 7		

Heat 2

1	RICHVILLE ST MICHAEL'S LUTHE	'A'	2:09.80
1) Sella, Madi 8	2) McCloud, Maya 7		
3) Bickel, Brooke 7	4) Hecht, Eva 7		
2	BIRMINGHAM OUR SHEPHERD LUTH	'A'	2:07.65
1) Martensen, Emily 7	2) Saroki, Ava 7		
3) Grohs, Gabby 8	4) Glenn, Jasmin 7		
3	MACOMB ST. PETER LUTHERAN	'A'	2:06.65
1) Humphrey, Joy 8	2) VanSteenkiste, Marian 8		
3) Mackovski, Alexa 8	4) Avolio, Estella 8		
4	MACOMB IMMANUEL LUTHERAN	'A'	1:59.75
1) Whitlam, Samantha 8	2) Timpf, Kate 7		
3) Alfonsi, Isabella 7	4) Probst, Jessica 8		
5	FRANKENMUTH ST LORENZ LUTHER	'A'	2:05.24
1) Witbeck, Delaynee 8	2) Sholten, Nyla 8		
3) Cleary, Brooke 8	4) Schmidt, Maxie 8		
6	LANSING OUR SAVIOR LUTHERAN	'A'	2:07.18
1) Snook, Bryleigh 6	2) Wood, Gabriella 7		
3) Lovell, Faith 7	4) Testorelli, Cianna 8		
7	PEACE SAGINAW	'A'	2:08.60
1) Cmeyla, Bethany 7	2) Stout, Brooklyn 7		
3) Habitz, Natalie 7	4) Cmeyla, Lindsey 7		
8	FAITH BAY CITY	'A'	2:10.33
1) O'Brien, Karys 7	2) Turow, Ella 7		
3) Eggers, Audrey 7	4) Rosecrans, Charlotte 8		

Boys 4x200 Relay 7th, 8th - A

Finals

Heat 1

3	HEMLOCK ST. PETER LUTHERAN	'A'	2:05.01
1) Sherry, Landon 7	2) Klemish, Brady 6		
3) Harry, Lawson 5	4) Wardin, Landon 7		
4	ROCHESTER ST. JOHN LUTHERAN	'A'	1:59.30
1) Chang, Lucas 8	2) Wisniewski, Danny 7		
3) Knapp, Lido 7	4) Kury, Christopher 8		
5	ST JOHN'S LUTHERAN (WALTZ)	'A'	2:00.60
1) Nocella, Ben 7	2) Richert, Jett 8		
3) Baker, Jacob 7	4) Cruz, Kevin 8		

Heat 2

1	NAPOLEON ST. PAUL LUTHERAN	'A'	1:55.89
1) Wachtman, Alex 8	2) Small, Cooper 8		
3) Crandall, Gavin 7	4) Durham, Spencer 8		
2	PEACE SHELBY	'A'	1:54.80
1) Abele, Ben 7	2) Burns, Tanner 7		
3) Jimenz, Paul 8	4) Belknap, Brian 8		
3	LANSING OUR SAVIOR LUTHERAN	'A'	1:51.44
1) Travis-Pace, Gavin 8	2) Legabu, Peter 7		
3) Couser, Micah 8	4) Yeah, Levi 8		
4	MACOMB IMMANUEL LUTHERAN	'A'	1:47.75
1) Marth, Collin 8	2) Bates, Charlie 8		
3) Starkey, Drew 8	4) Horvath, Malachi 8		
5	FRANKENMUTH ST LORENZ LUTHER	'A'	1:49.67
1) Hubbard, Ethan 8	2) Zehnder, Jonah 8		
3) Stapleton, Carter 8	4) Schoenow, Matthew 8		
6	MACOMB ST. PETER LUTHERAN	'A'	1:53.59
1) Haas, Nolan 8	2) Carroll, Sammy 8		
3) Glaser, Gregory 8	4) Lantzy, Nathan 7		
7	ANN ARBOR ST. PAUL	'A'	1:55.39
1) Altevogt, Henry 8	2) Shasko, Ryan 8		
3) Joshua, Aaron 8	4) Chou, James 8		
8	SAGINAW ST. PAUL'S	'A'	1:56.34
1) Becker, Gavin 7	2) Naumann, Josiah 8		
3) Wakefield, Ridley 8	4) Wenzell, Evan 8		

Girls 1600 Meters 4th, 5th, 6th - B Finals

Heat 1

1	Downen, Ava	5	MONROE TRINI...	6:18.06
2	Clark, Annabella	5	MACOMB IMM...	6:19.11
3	Mauck, Addison	5	ROCHESTER ST...	6:26.39
4	Callahan, Ava	6	RICHVILLE ST M...	6:30.51
5	Roman, Ravella	5	MACOMB IMM...	6:32.21
6	Meinka, Alaina	5	UTICA TRINITY ...	6:32.53
7	King, Kailey	5	FLINT ST. PAUL	6:33.15
8	McCleery, Nora	4	LANSING OUR ...	6:36.85
9	Sikes, Kelsie	5	MONROE TRINI...	6:41.52
10	Finley, Hannah	6	MONROE TRINI...	6:44.18
11	King, Addison	6	FRANKENMUT...	6:53.89
12	Scharf, Hazel	4	CHRIST THE KI...	6:54.58

Boys 1600 Meters 7th, 8th - A Finals

Heat 1

1	Samborn, Robby	8	MONITOR TRIN...	4:58.71
2	Parker, Nick	8	FRANKENMUT...	5:03.93
3	Ferdubinski, Jacob	8	SOUTHGATE C...	5:10.99
4	Lorenzen, Nole	7	DEARBORN GU...	5:12.56
5	Uher, Landon	8	ANN ARBOR ST...	5:12.58
6	Macri, Joshua	8	MACOMB ST. P...	5:15.75
7	VanNorman, Max	8	BIRMINGHAM ...	5:17.53
8	Rohr, Gavin	7	MONROE TRINI...	5:21.63
9	Lounds, Nolan	8	LANSING OUR ...	5:22.55
10	Grimpo, Jacob	8	TRINITY REESE	5:24.73
11	Empson, Brody	8	MACOMB ST. P...	5:29.14
12	Varnauskas, Preston	8	EASTPOINTE ST...	5:30.36

Boys 1600 Meters 4th, 5th, 6th - B Finals

Heat 1

1	Winningham, Joshua	5	FRANKENMUT...	5:34.22
2	James, Zachary	6	MACOMB IMM...	5:41.96
3	Lorenzen, Coen	5	DEARBORN GU...	5:47.40
4	Skrycki, Landon	5	ANN ARBOR ST...	5:50.54
5	Butler, Cole	5	MONROE TRINI...	5:53.22
6	Putman, Asher	6	TRINITY REESE	5:58.56
7	Raupp, Kellen	5	ANN ARBOR ST...	6:00.69
8	Trombley, Lincoln	5	FAITH BAY CITY	6:01.19
9	Schmidt, Ian	5	LANSING OUR ...	6:03.83
10	Kositzke, Tristan	4	MACOMB IMM...	6:04.25
11	Rodammer, Remy	5	RICHVILLE ST M...	6:06.26
12	McMahon, Matthew	6	WESTLAND ST. ...	6:08.21
13	Russell, Jadon	6	UTICA TRINITY ...	6:08.39

Girls 400 Meters 4th, 5th, 6th - B Finals

Heat 1

1	Tyll, Stella	6	MACOMB IMM...	1:18.10
2	O'Neill, Alexis	5	SOUTHGATE C...	1:16.25
3	Wenzel, Adeline	6	ST. PAUL'S EVA...	1:15.80
4	Dehnbostel, Allison	6	NAPOLEON ST. ...	1:15.06
5	Chambers, Alaina	6	NAPOLEON ST. ...	1:15.38
6	Damore, Bella	6	MONITOR TRIN...	1:15.83
7	Totten, Jenelle	6	LANSING OUR ...	1:16.86

Heat 2

1	Joque, aaliyah	6	FRASER ST. JOH...	1:14.83
2	Jablonowski, Daisy	6	EASTPOINTE ST...	1:13.94
3	Kress, Amanda	6	MACOMB IMM...	1:12.43
4	Ruffin, Blake	6	FLINT ST. PAUL	1:03.64
5	Parker, Emma	6	FRANKENMUT...	1:10.37
6	Burrows, Brynn	6	MILLINGTON ST...	1:12.83
7	Becker, Rachel	6	CHRIST THE KI...	1:14.07
8	Kuntzman, Kiera	6	ROCHESTER ST....	1:14.97

Girls 1600 Meters 7th, 8th - A Finals

Heat 1

1	Huddle, Gwenyth	7	NAPOLEON ST. ...	5:25.26
2	Thomas, Ava	7	ROCHESTER ST....	5:39.46
3	Conzelmann, Lucy	8	FRANKENMUT...	5:48.72
4	Rodammer, Braelin	7	RICHVILLE ST M...	6:14.59
5	Arnold, Vivian	7	ZION LUTHERA...	6:20.46
6	Bowers, Cassidy	7	UTICA TRINITY ...	6:21.79
7	Gump, Lucy	7	MACOMB IMM...	6:31.34
8	Reinbold, Isabella	7	TRINITY REESE	6:35.98
9	Stallmann, Avery	8	MACOMB ST. P...	6:38.83
10	Krafchak, Cecelia	8	DEARBORN GU...	6:55.70
11	Canen, Emerson	8	LANSING OUR ...	6:59.54
12	Gerken, Avery	7	NAPOLEON ST. ...	7:17.12

Boys 400 Meters 4th, 5th, 6th - B Finals

Heat 1

1	Hoard, Emerson	6	FRANKENMUT...	1:17.11
2	Becker, Harrison	5	MONROE TRINI...	1:16.03
3	Rideout, Matthew	4	FLINT ST. PAUL	1:14.81
4	McMahon, Matthew	6	WESTLAND ST. ...	1:13.02
5	Schroer, Edgar	6	ST. PAUL'S EVA...	1:14.46
6	Losh, Colin	5	FRANKENMUT...	1:15.77
7	Harry, Lawson	5	HEMLOCK ST. P...	1:17.03

Heat 2

1	Lanham, Dakota	6	JACKSON TRINI...	1:11.22
2	Wilson, Beckett	5	ANN ARBOR ST...	1:07.97
3	Bowers, Gavin	6	UTICA TRINITY ...	1:05.59
4	Richardson, Emmett	6	HOLY CROSS L...	1:02.83
5	Shinn, Elijah	6	ANN ARBOR ST...	1:05.05
6	Messina, Benny	6	MACOMB IMM...	1:07.76
7	Kress, Matthew	6	MACOMB IMM...	1:08.97
8	Justice, Carter	6	MACOMB ST. P...	1:12.80

Girls 400 Meters 7th, 8th - A

Finals

Heat 1

1	Wood, Gabriella	7	LANSING OUR ...	1:13.25
2	Cowles, Naomi	7	CONCORDIA LU...	1:12.34
3	Welch, Megan	8	ANN ARBOR ST...	1:11.91
4	Sholten, Nyla	8	FRANKENMUT...	1:11.05
5	Frank, Marissa	8	FRANKENMUT...	1:11.46
6	Boright, Chloe	7	UTICA TRINITY ...	1:12.12
7	Rodammer, Braelin	7	RICHVILLE ST M...	1:12.79

Heat 2

1	Rose, Szasha	7	HOLY GHOST L...	1:10.25
2	Paxton, Julia	7	LANSING OUR ...	1:09.12
3	Brown, Scarlet	8	ROCHESTER ST...	1:06.72
4	Hess, Sophia	8	EASTPOINTE ST...	1:05.30
5	Cmeyla, Bethany	7	PEACE SAGINAW	1:06.62
6	Schmidt, Maxie	8	FRANKENMUT...	1:08.22
7	Anderson, Katya	8	MACOMB ST. P...	1:09.95
8	Frank-DeRoch, Lydia	7	MONROE TRINI...	1:10.79

Boys 400 Meters 7th, 8th - A

Finals

Heat 1

3	Joshua, Aaron	8	ANN ARBOR ST...	1:02.92
4	Hubbard, Ethan	8	FRANKENMUT...	1:02.20
5	Essex, Henry	8	ZION LUTHERA...	1:02.63

Heat 2

2	Varvara, Nathan	7	ANN ARBOR ST...	1:01.53
3	Avolio, Joseph	8	MACOMB ST. P...	1:00.66
4	Empson, Brody	8	MACOMB ST. P...	1:00.22
5	DeWinkle, Ioan	7	HARTLAND OU...	1:00.62
6	Bailey, Caleb	8	WESTLAND ST. ...	1:01.09
7	Sherry, Landon	7	HEMLOCK ST. P...	1:01.72

Heat 3

1	Starkey, Drew	8	MACOMB IMM...	59.79
2	Durham, Spencer	8	NAPOLEON ST. ...	58.86
3	Erkkinen, Caleb	8	CLINTON TRINI...	57.14
4	Samborn, Robby	8	MONITOR TRIN...	55.74
5	Hauss, Rudy	8	EASTPOINTE ST...	55.90
6	Uher, Landon	8	ANN ARBOR ST...	58.14
7	Stapleton, Carter	8	FRANKENMUT...	58.94
8	Ferdubinski, Jacob	8	SOUTHGATE C...	59.86

Girls 200 Meters 4th, 5th, 6th - B

Finals

Heat 1

1	Decker, Lilly	6	ST. MICHAEL (...)	33.17
2	Meyer, Nataleigh	6	RICHVILLE ST M...	32.77
3	Lyons, Angelina	4	BIRMINGHAM ...	32.61
4	Witte, Marissa	5	NAPOLEON ST. ...	32.35
5	Smith, Savannah	5	CONCORDIA LU...	32.52
6	Jones, Annabelle	6	ROCHESTER ST...	32.64
7	Di'Carlo, Noelle	5	HOLY GHOST L...	32.77

Heat 2

1	Gushow, Alaina	6	MONITOR TRIN...	31.10
2	Burrows, Claire	6	MILLINGTON ST...	30.48
3	Ruffino, Mia	6	MACOMB IMM...	30.06
4	Ruffin, Blake	6	FLINT ST. PAUL	28.57
5	Frank-DeRoch, Charity	6	MONROE TRINI...	29.74
6	Cognitore, Claire	6	MACOMB IMM...	30.24
7	Smith, Scarlet	6	FRANKENMUT...	30.81
8	Snook, Bryleigh	6	LANSING OUR ...	32.19

Boys 200 Meters 4th, 5th, 6th - B

Finals

Heat 1

3	Rideout, Matthew	4	FLINT ST. PAUL	33.21
4	Kirschner, Maddox	5	UTICA TRINITY ...	32.33
5	Ramey, Charleston	4	MACOMB IMM...	32.38

Heat 2

2	Klemish, Brady	6	HEMLOCK ST. P...	31.97
3	Grams, Nathan	6	BIRMINGHAM ...	31.20
4	May, Luke	6	MACOMB ST. P...	30.28
5	Singh, Navraj	6	PEACE SAGINAW	31.10
6	Rodammer, Remy	5	RICHVILLE ST M...	31.96
7	Messina, Benny	6	MACOMB IMM...	32.05

Heat 3

1	Durham, Simon	6	NAPOLEON ST. ...	30.08
2	Kourieh, Gabriel	5	MACOMB ST. P...	29.66
3	Englert, Jonas	6	DEARBORN GU...	29.31
4	Shinn, Elijah	6	ANN ARBOR ST...	28.87
5	Robinson, Leo	6	FLINT ST. PAUL	29.03
6	Moyer, Thaddeus	6	HARTLAND OU...	29.48
7	Wilson, Beckett	5	ANN ARBOR ST...	29.71
8	Schuessler, Micah	6	ST. PAUL'S EVA...	30.23

Girls 200 Meters 7th, 8th - A

Finals

Heat 1

1	McCloud, Maya	7	RICHVILLE ST M...	31.00
2	Rosecrans, Charlotte	8	FAITH BAY CITY	30.86
3	Stark, Gloria	8	MIDLAND ST. J...	30.22
4	Probst, Jessica	8	MACOMB IMM...	30.08
5	Ellsworth, Lily	8	MACOMB ST. P...	30.13
6	Hairston, Gabrielle	7	FLINT ST. PAUL	30.61
7	Sholten, Nyla	8	FRANKENMUT...	30.89

Heat 2

1	Testorelli, Cianna	8	LANSING OUR ...	29.72
2	Laroche, Addyson	8	WALLED LAKE S...	29.64
3	Martoni, Liana	8	UTICA TRINITY ...	28.59
4	Lorch, Amelia	7	ANN ARBOR ST...	28.57
5	Schuessler, Julie	8	ST. PAUL'S EVA...	28.58
6	Rose, Szasha	7	HOLY GHOST L...	29.18
7	Brown, Scarlet	8	ROCHESTER ST...	29.69
8	Erickson, Sydney	8	SOUTHGATE C...	29.76

Boys 200 Meters 7th, 8th - A

Finals

Heat 1

3	Zehnder, Jonah	8	FRANKENMUT...	27.92
4	Travis-Pace, Gavin	8	LANSING OUR ...	27.57
5	Small, Cooper	8	NAPOLEON ST. ...	27.82

Heat 2

2	Bitzer, Logan	8	FAITH BAY CITY	27.40
3	Szasz, Ayden	8	DEARBORN GU...	27.27
4	Marth, Collin	8	MACOMB IMM...	26.78
5	Varvara, Nathan	7	ANN ARBOR ST...	27.26
6	Abele, Ben	7	PEACE SHELBY	27.29
7	Katenhus, Max	8	FAITH BAY CITY	27.50

Heat 3

1	Preville, Nicholas	7	FRASER ST. JOH...	26.28
2	Gohm, Nathan	7	PEACE SAGINAW	25.85
3	Naumann, Josiah	8	SAGINAW ST. P...	25.51
4	Bryant, Adrien	8	CONCORDIA LU...	25.14
5	Thiessen, PJ	8	ROCHESTER ST...	25.23
6	Yeah, Levi	8	LANSING OUR ...	25.63
7	Hauss, Rudy	8	EASTPOINTE ST...	26.05
8	Streather, Ethan	8	WALLED LAKE S...	26.61

Girls 800 Meters 4th, 5th, 6th - B

Finals

Heat 1

1	Frank-DeRoch, Charity	6	MONROE TRINI...	2:53.18
2	Wenzel, Adeline	6	ST. PAUL'S EVA...	2:56.35
3	Stephens, Noelle	5	MACOMB IMM...	2:57.26
4	Little, Lacie	6	MONROE TRINI...	2:58.85
5	Burrows, Brynn	6	MILLINGTON ST...	3:00.49
6	Dowen, Ava	5	MONROE TRINI...	3:02.10
7	Callahan, Ava	6	RICHVILLE ST M...	3:03.44
8	Mazurak, Madelyn	5	ROCHESTER ST...	3:05.30
9	Haffey, Addison	6	UTICA TRINITY ...	3:06.58
10	Kositzke, Harper	5	MACOMB IMM...	3:06.76
11	Mitchell, McKenna	6	RICHVILLE ST M...	3:09.55
12	King, Addison	6	FRANKENMUT...	3:10.15

Boys 800 Meters 4th, 5th, 6th - B

Finals

Heat 1

1	James, Zachary	6	MACOMB IMM...	2:36.03
2	Winningham, Joshua	5	FRANKENMUT...	2:36.10
3	Skrycki, Landon	5	ANN ARBOR ST...	2:46.38
4	Lorenzen, Coen	5	DEARBORN GU...	2:46.40
5	Putman, Asher	6	TRINITY REESE	2:48.45
6	Butler, Cole	5	MONROE TRINI...	2:49.09
7	Russell, Jadon	6	UTICA TRINITY ...	2:49.50
8	Trombley, Lincoln	5	FAITH BAY CITY	2:49.68
9	Raupp, Kellen	5	ANN ARBOR ST...	2:52.03
10	Haak, aaron	5	FRASER ST. JOH...	2:54.59
11	Thomson, Hunter	6	ROCHESTER ST...	2:57.53
12	Kaul, Connor	6	PEACE SAGINAW	3:01.87

Girls 800 Meters 7th, 8th - A

Finals

Heat 1

1	Thomas, Ava	7	ROCHESTER ST...	2:33.08
2	Huddle, Gwenyth	7	NAPOLEON ST. ...	2:33.61
3	Whitlam, Samantha	8	MACOMB IMM...	2:36.76
4	Conzelmann, Lucy	8	FRANKENMUT...	2:43.13
5	Paxton, Julia	7	LANSING OUR ...	2:49.01
6	Bowers, Cassidy	7	UTICA TRINITY ...	2:52.07
7	Samborn, Lena	8	ANN ARBOR ST...	2:52.48
8	Beethe, Emily	8	MONITOR TRIN...	2:54.02
9	Rodammer, Braelin	7	RICHVILLE ST M...	2:54.41
10	Reinbold, Isabella	7	TRINITY REESE	2:54.51
11	Mackovski, Alexa	8	MACOMB ST. P...	2:55.70
12	Schuessler, Julie	8	ST. PAUL'S EVA...	2:57.82

Boys 800 Meters 7th, 8th - A

Finals

Heat 1

1	Durham, Spencer	8	NAPOLEON ST. ...	2:21.69
2	Parker, Nick	8	FRANKENMUT...	2:22.75
3	Starkey, Drew	8	MACOMB IMM...	2:23.54
4	Uher, Landon	8	ANN ARBOR ST...	2:24.16
5	Grimpo, Jacob	8	TRINITY REESE	2:24.49
6	Matthews, Jaxon	7	CLINTON TRINI...	2:24.83
7	Ferdubinski, Jacob	8	SOUTHGATE C...	2:25.05
8	Varnauskas, Preston	8	EASTPOINTE ST...	2:25.30
9	VanNorman, Max	8	BIRMINGHAM ...	2:26.15
10	Bailey, Caleb	8	WESTLAND ST. ...	2:26.18
11	Canupp, Kaden	7	MONROE TRINI...	2:31.69
12	Rohr, Gavin	7	MONROE TRINI...	2:32.08
13	Ridley, Judah	6	FRANKENMUT...	2:32.56
14	Chambers, Emerson	8	MONITOR TRIN...	2:34.25

Girls 4x100 Relay 4th, 5th, 6th - B

Finals

Heat 1

3	CHRIST THE KING	'A'	1:08.88
(SEBEWAING)			

1) Armbruster, Kenzie 4
3) Becker, Rachel 6

2) Sweetman, Mya 5
4) Schulz, Charlotte 6

4	MONROE TRINITY LUTHERAN	'A'	1:08.54
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1) Finley, Hannah 6
3) Oetjens, Olivia 6

2) Frank, Paige 6
4) Sikes, Kelsie 5

5	ROCHESTER ST. JOHN LUTHERAN	'A'	1:08.63
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1) Strube-Elias, Lillian 4
3) Wisniewski, Selma 4

2) Chang, Maddie 6
4) Wysokinski, Leah 6

6	ST. PAUL'S EVANGELICAL LUTHE	'A'	1:09.15
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1) Lowry, Olivia 5
3) Nollar, Maggie 4

2) Kennard, Hannah 4
4) Allain, Anna 4

Heat 2

1	HARTLAND OUR SAVIOR	'A'	1:05.85
1) <i>Burd, Charlotte</i> 5	2) <i>Bronsberg, Lacy</i> 5		
3) <i>Muelling, Marissa</i> 5	4) <i>Moldenhauer, Calla</i> 6		
2	FRANKENMUTH ST LORENZ LUTHER	'A'	1:04.96
1) <i>Daly, Satya</i> 6	2) <i>Beyerlein, Bella</i> 5		
3) <i>Schmidt, Lucy</i> 5	4) <i>Peterson, Alyvia</i> 6		
3	SAGINAW ST. PAUL'S	'A'	1:02.53
1) <i>Wenzell, Addyson</i> 6	2) <i>Naumann, Lyla</i> 6		
3) <i>Adair, Joslynn</i> 6	4) <i>Hill, Adelaide</i> 6		
4	MACOMB IMMANUEL LUTHERAN	'A'	1:01.04
1) <i>Cognitore, Claire</i> 6	2) <i>Kress, Amanda</i> 6		
3) <i>Clark, Annabella</i> 5	4) <i>Ruffino, Mia</i> 6		
5	MILLINGTON ST. PAUL LUTHERAN	'A'	1:02.37
1) <i>Burrows, Brynn</i> 6	2) <i>Burrows, Claire</i> 6		
3) <i>Wagner, Amelia</i> 6	4) <i>Williams, Emma</i> 4		
6	MACOMB ST. PETER LUTHERAN	'A'	1:04.02
1) <i>Silvagi, Olivia</i> 6	2) <i>Lantzy, Grace</i> 5		
3) <i>Knutson, Isabel</i> 5	4) <i>Macri, Ariana</i> 6		
7	NAPOLEON ST. PAUL LUTHERAN	'A'	1:05.70
1) <i>Chambers, Alaina</i> 6	2) <i>Ridley, Cassandra</i> 6		
3) <i>Crandall, Makenna</i> 6	4) <i>Witte, Marissa</i> 5		
8	UTICA TRINITY LUTHERAN	'A'	1:06.02
1) <i>Doerflinger, Lilly</i> 6	2) <i>Godwin, Juliette</i> 6		
3) <i>Jensen, Abby</i> 6	4) <i>Panetta, Lyla</i> 6		

Heat 2

1	TRINITY REESE	'A'	1:05.98
1) <i>Parks, Silas</i> 4	2) <i>Johnson, Caleb</i> 6		
3) <i>Rayner, Ty</i> 6	4) <i>Putman, Asher</i> 6		
2	MILLINGTON ST. PAUL LUTHERAN	'A'	1:05.76
1) <i>Draper, Nathan</i> 6	2) <i>Stiff, Emmitt</i> 4		
3) <i>O'Neil, Kolten</i> 5	4) <i>Blue, Gavin</i> 6		
3	BIRMINGHAM OUR SHEPHERD LUTH	'A'	1:02.43
1) <i>Grams, Nathan</i> 6	2) <i>Siefker, Eli</i> 6		
3) <i>Kulikowski, Christian</i> 5	4) <i>Trachsel, Cash</i> 6		
4	MACOMB IMMANUEL LUTHERAN	'A'	59.42
1) <i>Ramey, Charleston</i> 4	2) <i>Messina, Benny</i> 6		
3) <i>Kress, Matthew</i> 6	4) <i>James, Zachary</i> 6		
5	MACOMB ST. PETER LUTHERAN	'A'	1:01.18
1) <i>May, Luke</i> 6	2) <i>DiGiorgio, Johnny</i> 6		
3) <i>DiStefano, Matty</i> 6	4) <i>Kourieh, Gabriel</i> 5		
6	FRANKENMUTH ST LORENZ LUTHER	'A'	1:04.50
1) <i>Laux, Robert</i> 5	2) <i>Henne, Adam</i> 5		
3) <i>Schafsnitz, Camron</i> 6	4) <i>Cramer, Oliver</i> 6		
7	NAPOLEON ST. PAUL LUTHERAN	'A'	1:05.86
1) <i>Morris, Ethan</i> 5	2) <i>Maassel, Kellen</i> 5		
3) <i>Snoply, Samuel</i> 5	4) <i>Morris, Connor</i> 6		
8	PEACE SHELBY	'A'	1:07.23
1) <i>Carpino, Dominic</i> 5	2) <i>Carpino, Max</i> 4		
3) <i>Honce, Charlie</i> 5	4) <i>Bendick, Aaron</i> 5		

Boys 4x100 Relay 4th, 5th, 6th - B

Finals

Heat 1

3	ANN ARBOR ST. PAUL	'A'	1:09.68
1) <i>Rudy, Philip</i> 4	2) <i>Hall, Luke</i> 6		
3) <i>Shinn, Thomas</i> 4	4) <i>Smith, Parker</i> 4		
4	SOUTHGATE CHRIST THE KING LU	'A'	1:08.11
1) <i>Sims, Danny</i> 5	2) <i>Brown, Jax</i> 5		
3) <i>Zukowski, Brayden</i> 5	4) <i>Canfield, James</i> 6		
5	HOLY CROSS LUTHERAN	'A'	1:09.09
1) <i>Enciso, Sevin</i> 6	2) <i>Gilmore, Kyle</i> 6		
3) <i>Pruitt, King</i> 5	4) <i>Richardson, Emmett</i> 6		
6	HARTLAND OUR SAVIOR	'A'	1:11.56
1) <i>Beloli, Stephen</i> 4	2) <i>Kindig, Zavin</i> 4		
3) <i>Daniels, Callen</i> 4	4) <i>DeWinkle, Boaz</i> 4		

Girls 4x100 Relay 7th, 8th - A

Finals

Heat 1

3	BIRMINGHAM OUR SHEPHERD LUTH	'A'	1:02.08
1) <i>Martensen, Emily</i> 7	2) <i>Kozma, Alivia</i> 7		
3) <i>Dixon, Donna</i> 8	4) <i>Glenn, Jasmin</i> 7		
4	FAITH BAY CITY	'A'	1:01.62
1) <i>Panzner, Aliyah</i> 6	2) <i>Turow, Ella</i> 7		
3) <i>Owczarazk, Kylie</i> 7	4) <i>Rosecrans, Charlotte</i> 8		
5	HARTLAND OUR SAVIOR	'A'	1:01.67
1) <i>Bronsberg, Lexy</i> 7	2) <i>Nelson, Lucy</i> 7		
3) <i>Morsehead, Scarlett</i> 7	4) <i>Tougas, Emma</i> 7		
6	CHRIST THE KING (SEBEWAING)	'A'	1:02.76
1) <i>Kuhl, Taylor</i> 7	2) <i>Sweetman, Ally</i> 7		
3) <i>Kemp, Madison</i> 7	4) <i>Armbruster, Morgan</i> 7		

Heat 2

1	LANSING OUR SAVIOR LUTHERAN	'A'	1:00.44
1)	<i>Long, Breslyn 6</i>	2)	<i>Wangelin, Hannah 6</i>
3)	<i>Testorelli, Cianna 8</i>	4)	<i>Flagg, Shalynn 7</i>
2	SOUTHGATE CHRIST THE KING LU	'A'	59.86
1)	<i>Erickson, Sydney 8</i>	2)	<i>Reister, Olivia 8</i>
3)	<i>Sims, Ella 8</i>	4)	<i>O'Neill, Alexis 5</i>
3	MACOMB ST. PETER LUTHERAN	'A'	58.53
1)	<i>Novodoff, Alaina 7</i>	2)	<i>Ellsworth, Lily 8</i>
3)	<i>Verbeke, Lily 7</i>	4)	<i>Avolio, Estella 8</i>
4	MACOMB IMMANUEL LUTHERAN	'A'	57.30
1)	<i>Whittlam, Samantha 8</i>	2)	<i>Timpf, Kate 7</i>
3)	<i>Alfonsi, Isabella 7</i>	4)	<i>Probst, Jessica 8</i>
5	FRANKENMUTH ST LORENZ LUTHER	'A'	58.04
1)	<i>Altom, Elyannah 8</i>	2)	<i>Skipper, Amilia 7</i>
3)	<i>Cramer, Kara 8</i>	4)	<i>Kroeger, Landyn 7</i>
6	MILLINGTON ST. PAUL LUTHERAN	'A'	58.98
1)	<i>Blakeley, Destiny 8</i>	2)	<i>Ehrnmantraut, Carly 8</i>
3)	<i>Ehrnmantraut, Grace 8</i>	4)	<i>Wagner, Lyla 8</i>
7	UTICA TRINITY LUTHERAN	'A'	1:00.08
1)	<i>Boright, Chloe 7</i>	2)	<i>Spiehs, Keaira 8</i>
3)	<i>Bowers, Cassidy 7</i>	4)	<i>Martoni, Liana 8</i>
8	HOLY GHOST LUTHERAN	'A'	1:01.03
1)	<i>Pogarch, Anna 8</i>	2)	<i>Huber, EV 7</i>
3)	<i>Pogarch, Julie 7</i>	4)	<i>Rose, Szasha 7</i>

Boys 4x100 Relay 7th, 8th - A

Finals

Heat 1

1	HARTLAND OUR SAVIOR	'A'	58.63
1)	<i>Smith, Noah 7</i>	2)	<i>Burd, Noah 7</i>
3)	<i>Hargreaves, Jake 8</i>	4)	<i>DeWinkle, Ioan 7</i>
2	FRASER ST. JOHN LUTHERAN	'A'	56.04
1)	<i>Previle, Nicholas 7</i>	2)	<i>Tingas, Gabe 7</i>
3)	<i>Krashiqi, Alex 7</i>	4)	<i>Primeau, Logan 8</i>
3	PEACE SHELBY	'A'	55.64
1)	<i>Jimenz, Paul 8</i>	2)	<i>Burns, Tanner 7</i>
3)	<i>Belknap, Brian 8</i>	4)	<i>Abele, Ben 7</i>
4	EASTPOINTE ST. PETER'S LUTHE	'A'	55.14
1)	<i>Cooper, Noah 8</i>	2)	<i>Tilley, Ben 8</i>
3)	<i>Varnauskas, Preston 8</i>	4)	<i>Hauss, Rudy 8</i>
5	TOLEDO TRINITY LUTHERAN	'A'	55.63
1)	<i>Janowiecki, Caleb 8</i>	2)	<i>Stainbrook, Josh 8</i>
3)	<i>Teems, Nathan 8</i>	4)	<i>Walker, Nicholas 7</i>
6	TRINITY REESE	'A'	55.71
1)	<i>Macauley, Jack 8</i>	2)	<i>Grimpo, Jacob 8</i>
3)	<i>Briggs, Eli 7</i>	4)	<i>Adair, Eli 8</i>
7	NAPOLEON ST. PAUL LUTHERAN	'A'	57.77
1)	<i>Geil, Charles 7</i>	2)	<i>Wachtman, Alex 8</i>
3)	<i>Crandall, Gavin 7</i>	4)	<i>Small, Cooper 8</i>

Heat 2

1	FRANKENMUTH ST LORENZ LUTHER	'A'	54.72
1)	<i>Zehnder, Jonah 8</i>	2)	<i>Ridley, Judah 6</i>
3)	<i>Schoenow, Matthew 8</i>	4)	<i>Wascher, Dierk 7</i>
2	SAGINAW ST. PAUL'S	'A'	53.21
1)	<i>Naumann, Josiah 8</i>	2)	<i>Becker, Gavin 7</i>
3)	<i>Johnston, Nicholas 8</i>	4)	<i>Wenzell, Evan 8</i>
3	PEACE SAGINAW	'A'	53.00
1)	<i>Price, Brady 8</i>	2)	<i>Livingston, Nigel 8</i>
3)	<i>Gohm, Nathan 7</i>	4)	<i>Stout, Hayden 8</i>
4	WALLED LAKE ST. MATTHEW	'A'	52.33
1)	<i>Streather, Ethan 8</i>	2)	<i>Latkowski, Leo 8</i>
3)	<i>Heiden, Aaron 8</i>	4)	<i>Adams, Cameron 8</i>
5	MACOMB IMMANUEL LUTHERAN	'A'	52.72
1)	<i>McCauley, Colton 7</i>	2)	<i>Bates, Charlie 8</i>
3)	<i>Clark, Ashton 7</i>	4)	<i>Horvath, Malachi 8</i>
6	FAITH BAY CITY	'A'	53.19
1)	<i>Schisler, Reid 7</i>	2)	<i>Norton, Lucas 8</i>
3)	<i>Bitzer, Logan 8</i>	4)	<i>Katenhus, Max 8</i>
7	MACOMB ST. PETER LUTHERAN	'A'	53.63
1)	<i>Avolio, Joseph 8</i>	2)	<i>Glaser, Gregory 8</i>
3)	<i>Lantzy, Nathan 7</i>	4)	<i>Haas, Nolan 8</i>
8	LANSING OUR SAVIOR LUTHERAN	'A'	54.84
1)	<i>McNair, Paxton 7</i>	2)	<i>Laucher, Michael 7</i>
3)	<i>Travis-Pace, Gavin 8</i>	4)	<i>Yeah, Levi 8</i>

Girls 4x400 Relay 4th, 5th, 6th - B

Finals

Heat 1

1	LANSING OUR SAVIOR LUTHERAN	'A'	5:34.28
1)	<i>Snook, Bryleigh 6</i>	2)	<i>McCleery, Nora 4</i>
3)	<i>Totten, Jenelle 6</i>	4)	<i>Lounds, Kinsley 6</i>
2	ROCHESTER ST. JOHN LUTHERAN	'A'	5:23.54
1)	<i>Kuntzman, Kiera 6</i>	2)	<i>Mazurak, Madelyn 5</i>
3)	<i>Wallace, Lily 6</i>	4)	<i>Jones, Annabelle 6</i>
3	FRASER ST. JOHN LUTHERAN	'A'	5:19.46
1)	<i>Blick, Izzy 6</i>	2)	<i>Snell, Hannah 6</i>
3)	<i>Malesky, Olivia 6</i>	4)	<i>Joque, aaliyah 6</i>
4	MACOMB IMMANUEL LUTHERAN	'A'	5:16.95
1)	<i>Kress, Amanda 6</i>	2)	<i>Roman, Ravella 5</i>
3)	<i>Stephens, Noelle 5</i>	4)	<i>Tyll, Stella 6</i>
5	MONROE TRINITY LUTHERAN	'A'	5:17.24
1)	<i>Frank-DeRoch, Charity 6</i>	2)	<i>Little, Lacie 6</i>
3)	<i>Oetjens, Olivia 6</i>	4)	<i>Sikes, Kelsie 5</i>
6	FRANKENMUTH ST LORENZ LUTHER	'A'	5:20.63
1)	<i>Parker, Emma 6</i>	2)	<i>Schmidt, Lucy 5</i>
3)	<i>King, Addison 6</i>	4)	<i>Beyerlein, Bella 5</i>
7	NAPOLEON ST. PAUL LUTHERAN	'A'	5:26.26
1)	<i>Witte, Marissa 5</i>	2)	<i>Chambers, Alaina 6</i>
3)	<i>Groll, Emma 6</i>	4)	<i>Dehnbostel, Allison 6</i>

Boys 4x400 Relay 4th, 5th, 6th - B

Finals

Heat 1

3	FAITH BAY CITY	'A'	5:42.85
1)	<i>Burk, Tyler 4</i>	2)	<i>Simon, Noah 6</i>
3)	<i>Eggers, Garrett 5</i>	4)	<i>Trombley, Lincoln 5</i>
4	CLINTON TRINITY LUTHERAN	'A'	5:21.93
1)	<i>Brothers, Ben 6</i>	2)	<i>Leon, Caleb 4</i>
3)	<i>Fiore, Brenden 6</i>	4)	<i>Pitters, Will 6</i>
5	MACOMB IMMANUEL LUTHERAN	'A'	5:25.03
1)	<i>Tyll, Nate 4</i>	2)	<i>Kositzke, Tristan 4</i>
3)	<i>Ramey, Charleston 4</i>	4)	<i>Probst, Jacob 6</i>

Heat 2

2	DEARBORN GUARDIAN LUTHERAN	'A'	5:09.79
1) Lorenzen, Coen	5	2) Tutas, Blake	6
3) Shulters, Matthew	4	4) Englert, Jonas	6
3	UTICA TRINITY LUTHERAN	'A'	5:04.74
1) Russell, Jadon	6	2) Chesnutt, Gary	4
3) Kirschner, Maddox	5	4) Bowers, Gavin	6
4	ANN ARBOR ST. PAUL	'A'	4:48.05
1) Wilson, Beckett	5	2) Raasch, Colton	6
3) Skrycki, Landon	5	4) Shinn, Elijah	6
5	MONROE TRINITY LUTHERAN	'A'	5:03.24
1) Becker, Harrison	5	2) Bellino, Bryce	6
3) Butler, Cole	5	4) Vallade, Thomas	5
6	FRANKENMUTH ST LORENZ LUTHER	'A'	5:05.70
1) Henne, Adam	5	2) Stapleton, Luke	6
3) Winningham, Joshua	5	4) Cramer, Oliver	6
7	FRANKENMUTH ST LORENZ LUTHER	'B'	5:17.24
1) Southgate, Liam	6	2) Sholten, Mayze	5
3) Losh, Colin	5	4) Hoard, Emerson	6

Heat 2

2	RICHVILLE ST MICHAEL'S LUTHE	'A'	5:07.43
1) Callahan, Ava	6	2) Bickel, Brooke	7
3) McCloud, Maya	7	4) Rodammer, Braelin	7
3	MACOMB ST. PETER LUTHERAN	'A'	4:57.94
1) Danis, Lyla	8	2) Humphrey, Joy	8
3) Ellsworth, Lily	8	4) Anderson, Katya	8
4	FRANKENMUTH ST LORENZ LUTHER	'A'	4:45.35
1) Conzelmann, Lucy	8	2) Schmidt, Maxie	8
3) Sholten, Nyla	8	4) Witbeck, Delaynee	8
5	PEACE SAGINAW	'A'	4:49.57
1) Keup, Leah	8	2) Cmeyla, Bethany	7
3) Balderstone, Madison	8	4) Cmeyla, Lindsey	7
6	ROCHESTER ST. JOHN LUTHERAN	'A'	5:03.29
1) Jones, Adeline	8	2) Scharrer, Tillie	7
3) Fuery, Audrey	7	4) Brown, Scarlet	8
7	LANSING OUR SAVIOR LUTHERAN	'A'	5:09.57
1) Paxton, Julia	7	2) Wood, Gabriella	7
3) Canen, Emerson	8	4) Lovell, Faith	7

Girls 4x400 Relay 7th, 8th - A

Finals

Heat 1

3	FRASER ST. JOHN LUTHERAN	'A'	5:29.59
1) King, Isabella	8	2) Kelly, Teri	7
3) Sobh, Ava	8	4) Wulff, Leah	7
4	NAPOLEON ST. PAUL LUTHERAN	'A'	5:14.25
1) Dehnbostel, Jillian	8	2) Ressler, Tessa	7
3) Butler, Addison	8	4) Huddle, Gwennyth	7
5	DEARBORN GUARDIAN LUTHERAN	'A'	5:26.15
1) Baibak, Megan	8	2) Ponto, Lily	8
3) Mendoza, Abby	7	4) Krafchak, Cecelia	8

Boys 4x400 Relay 7th, 8th - A

Finals

Heat 1

1	ROCHESTER ST. JOHN LUTHERAN	'A'	4:33.85
1) Kury, Christopher 8	2) Chang, Lucas 8		
3) Malvasi, Cooper 8	4) Thiessen, PJ 8		
2	DEARBORN GUARDIAN LUTHERAN	'A'	4:33.29
1) Ericson, Shawn 8	2) Szasz, Ayden 8		
3) Lorenzen, Nole 7	4) Parker, Anthony 8		
3	FRANKENMUTH ST LORENZ LUTHER	'A'	4:22.04
1) Parker, Nick 8	2) Schoenow, Matthew 8		
3) Hubbard, Ethan 8	4) Stapleton, Carter 8		
4	CLINTON TRINITY LUTHERAN	'A'	4:05.17
1) Rocker, Ben 7	2) Behnke, Vinny 8		
3) Matthews, Jaxon 7	4) Erkkinen, Caleb 8		
5	MACOMB ST. PETER LUTHERAN	'A'	4:10.76
1) Biondo, Nino 8	2) Avolio, Joseph 8		
3) Macri, Joshua 8	4) Empson, Brody 8		
6	MACOMB IMMANUEL LUTHERAN	'A'	4:32.64
1) McCauley, Colton 7	2) Hosu, AJ 7		
3) Kamai, Max 8	4) Tyll, Elijah 7		
7	ANN ARBOR ST. PAUL	'A'	4:33.78
1) Joshua, Aaron 8	2) Shasko, Ryan 8		
3) Chou, James 8	4) Varvara, Nathan 7		
8	LANSING OUR SAVIOR LUTHERAN	'A'	4:49.38
1) Lounds, Nolan 8	2) Legabu, Peter 7		
3) VanVleet, Jacob 7	4) Couser, Micah 8		

Girls Shot Put 4th, 5th, 6th - B

Finals

Flight 1

1	Hoffmann, Lyla	6	SAGINAW ST. P...	21-00.00
2	Oakes, Hadley	6	SAGINAW ST. P...	21-10.00
3	Mascorro, Makayla	6	WALLED LAKE S...	21-10.50
4	Rehfus, Brianna	6	FRASER ST. JOH...	21-10.75
5	Stempien, Norah	5	MONROE TRINI...	22-00.50
6	Macri, Ariana	6	MACOMB ST. P...	22-02.75
7	Schlosser, Madelyn	6	NAPOLEON ST. ...	22-09.50
8	LaPerriere, Brielle	6	ST. MICHAEL (...)	23-01.00
9	Ruffin, Blake	6	FLINT ST. PAUL	23-01.50
10	Martens, Sophia	6	EASTPOINTE ST...	23-06.25
11	Long, Breslyn	6	LANSING OUR ...	23-08.25
12	Kukulski, Mya	6	ST. JOHN-AMEL...	25-03.75
13	Frank, Paige	6	MONROE TRINI...	26-00.75
14	Logghe, Josie	6	SAGINAW ST. P...	26-04.50
15	Morris, Kemyora	5	CONCORDIA LU...	26-05.50

Boys Shot Put 4th, 5th, 6th - B

Finals

Flight 1

1	Schlieger, Josh	6	FLINT ST. PAUL	20-07.25
2	Reininger, Michael	6	EASTPOINTE ST...	20-10.50
3	Singh, Navraj	6	PEACE SAGINAW	22-02.00
4	Shinn, Thomas	4	ANN ARBOR ST...	22-04.00
5	Lanham, Dakota	6	JACKSON TRINI...	22-07.00
6	Trachsel, Cash	6	BIRMINGHAM ...	22-07.75
7	Pipitone, Joseph	6	MACOMB IMM...	22-08.50
8	Oakes, Dylan	5	SAGINAW ST. P...	22-09.25
9	Becker, Harrison	5	MONROE TRINI...	23-02.75
10	Bowers, Gavin	6	UTICA TRINITY ...	23-05.50
11	Mullins, Dorian	6	MONROE TRINI...	24-07.75
12	McMahon, Matthew	6	WESTLAND ST. ...	24-11.00
13	Gushow, Alex	6	MONITOR TRIN...	25-04.00
14	Schroer, Edgar	6	ST. PAUL'S EVA...	27-05.50
15	Curnutt, Brody	6	HEMLOCK ST. P...	27-10.00

Girls Shot Put 7th, 8th - A

Finals

Flight 1

1	Losier, Bella	8	FRASER ST. JOH...	26-03.00
2	Fitzpatrick, Lindsay	8	ST. JOHN-AMEL...	26-07.75
3	VanSteenkiste, Marian	8	MACOMB ST. P...	27-00.00
4	Scheiwe, Isabella	7	NAPOLEON ST. ...	27-00.00
5	Seeds, Minerva	8	BAY CITY IMMA...	27-05.25
6	Kemp, Madison	7	CHRIST THE KI...	27-11.50
7	Khoury, Cecelia	7	DEARBORN GU...	28-04.00
8	Modica, Olivia	8	ANN ARBOR ST...	28-04.50
9	Cowles, Naomi	7	CONCORDIA LU...	28-04.50
10	Penn, Mychala	8	CLINTON TRINI...	28-07.25
11	Kolusk, Emma	8	ST. MICHAEL (...)	28-09.00
12	Sieb, Ella	7	MONROE TRINI...	28-11.75
13	Winningham, Izzy	7	FRANKENMUT...	31-02.50
14	Hall, Kloey	7	BETHLEHEM LU...	31-07.00
15	Spiehs, Keaira	8	UTICA TRINITY ...	37-08.50

Boys Shot Put 7th, 8th - A

Finals

Flight 1

1	Bolash, Aidan	7	ANN ARBOR ST...	32-03.25
2	Haas, Nolan	8	MACOMB ST. P...	32-09.00
3	Bailey, Caleb	8	WESTLAND ST. ...	33-03.00
4	Small, Cooper	8	NAPOLEON ST. ...	33-07.50
5	Trombley, Eli	7	MIDLAND ST. J...	34-01.50
6	Ratajczak, Kenton	8	TRINITY REESE	34-05.00
7	Zehnder, Jonah	8	FRANKENMUT...	35-01.75
8	Cruz, Kevin	8	ST JOHN'S LUT...	35-10.50
9	Gower, Evan	8	PEACE SAGINAW	35-10.75
10	Hoffmann, Noah	8	SAGINAW ST. P...	36-04.50
11	Simmons, Avery	8	FRANKENMUT...	36-05.00
12	Durham, Spencer	8	NAPOLEON ST. ...	36-06.25
13	Nocella, Ben	7	ST JOHN'S LUT...	36-09.00
14	Marth, Collin	8	MACOMB IMM...	36-10.50
15	Wenzell, Evan	8	SAGINAW ST. P...	38-03.00
16	Simmons, Camden	7	FRANKENMUT...	39-01.00
18	Erkkinen, Caleb	8	CLINTON TRINI...	43-11.00

Girls High Jump 4th, 5th, 6th - B

Finals

Flight 1

1	Wenzell, Addyson	6	SAGINAW ST. P...	3-08.00
2	Naumann, Lyla	6	SAGINAW ST. P...	3-09.00
3	Chambers, Alaina	6	NAPOLEON ST. ...	3-11.00
4	Adair, Joslynn	6	SAGINAW ST. P...	4-00.00
5	Hannewald, Gabby	6	ANN ARBOR ST...	4-01.00
6	Ellsworth, Zoey	6	MACOMB ST. P...	4-01.00
7	Di'Carlo, Noelle	5	HOLY GHOST L...	4-01.00
8	Panetta, Lyla	6	UTICA TRINITY ...	4-02.00
9	Dehnbostel, Allison	6	NAPOLEON ST. ...	4-02.00
10	Knutson, Isabel	5	MACOMB ST. P...	4-03.00
11	Joque, aaliyah	6	FRASER ST. JOH...	4-03.00
12	Holyszko, Markesa	6	FAITH BAY CITY	4-04.00
13	Ruffino, Mia	6	MACOMB IMM...	4-05.00
14	Frank-DeRoch, Charity	6	MONROE TRINI...	4-09.00

Boys High Jump 4th, 5th, 6th - B

Finals

Flight 1

1	Schuessler, Micah	6	ST. PAUL'S EVA...	4-00.00
2	Norton, Parker	5	FAITH BAY CITY	4-00.00
3	Eggers, Garrett	5	FAITH BAY CITY	4-00.00
4	Bechtol, Quinten	6	NAPOLEON ST. ...	4-00.00
5	Winningham, Joshua	5	FRANKENMUT...	4-02.00
6	Wearn, Avery	6	ST. JOHN-AMEL...	4-02.00
7	Raupp, Kellen	5	ANN ARBOR ST...	4-02.00
8	Raasch, Colton	6	ANN ARBOR ST...	4-02.00
9	Cunningham, Luke	5	ZION LUTHERA...	4-02.00
10	Stopyak, Samuel	5	FAITH BAY CITY	4-03.00
11	Stapleton, Luke	6	FRANKENMUT...	4-03.00
12	Durham, Simon	6	NAPOLEON ST. ...	4-03.00
13	Pitters, Will	6	CLINTON TRINI...	4-04.00
14	Hang, Ethan	5	FRASER ST. JOH...	4-04.00
15	Trachsel, Cash	6	BIRMINGHAM ...	4-05.00
16	Hoehner, Sam	6	FRASER ST. JOH...	4-05.00
17	Englert, Jonas	6	DEARBORN GU...	4-05.00
18	Martin, Gabe	6	MIDLAND ST. J...	4-07.00
19	DiStefano, Matty	6	MACOMB ST. P...	4-08.00

Girls High Jump 7th, 8th - A

Finals

Flight 1

1	Probst, Jessica	8	MACOMB IMM...	4-01.00
2	Hoover, Ella	8	MACOMB ST. P...	4-01.00
3	Rose, Szasha	7	HOLY GHOST L...	4-03.00
4	Harry, Laci	8	HEMLOCK ST. P...	4-03.00
5	Skipper, Amilia	7	FRANKENMUT...	4-04.00
6	Paxton, Julia	7	LANSING OUR ...	4-04.00
7	MacDonald, Emma	7	ST. JOHN-AMEL...	4-04.00
8	Butler, Addison	8	NAPOLEON ST. ...	4-04.00
9	McCloud, Maya	7	RICHVILLE ST M...	4-05.00
10	Bickel, Brooke	7	RICHVILLE ST M...	4-06.00
11	Danis, Lyla	8	MACOMB ST. P...	4-07.00
12	Sheldon, Lauren	7	ROCHESTER ST....	4-08.00
13	Lorch, Amelia	7	ANN ARBOR ST...	4-08.00
14	Burhop, Hannah	8	TRINITY REESE	4-11.00

Boys High Jump 7th, 8th - A

Finals

Flight 1

1	Rohr, Gavin	7	MONROE TRINI...	4-07.00
2	Wachtman, Alex	8	NAPOLEON ST. ...	4-08.00
3	Roberson, Caleb	8	HEMLOCK ST. P...	4-08.00
4	Starkey, Drew	8	MACOMB IMM...	4-09.00
5	Chou, James	8	ANN ARBOR ST...	4-10.00
6	Chambers, Emerson	8	MONITOR TRIN...	4-11.00
7	Varvara, Nathan	7	ANN ARBOR ST...	5-00.00
8	Mascorro, Jayden	8	WALLED LAKE S...	5-00.00
9	Streather, Ethan	8	WALLED LAKE S...	5-01.00
10	Glaser, Gregory	8	MACOMB ST. P...	5-02.00
11	Erkkinen, Caleb	8	CLINTON TRINI...	5-03.00
12	Stapleton, Carter	8	FRANKENMUT...	5-04.00
13	Stout, Hayden	8	PEACE SAGINAW	5-07.00

Girls Long Jump 4th, 5th, 6th - B

Finals

Flight 1

1	Lantzy, Grace	5	MACOMB ST. P...	10-01.00
2	Silvagi, Olivia	6	MACOMB ST. P...	10-08.75
3	Di'Carlo, Noelle	5	HOLY GHOST L...	10-11.00
4	Moldenhauer, Calla	6	HARTLAND OU...	10-11.75
5	Muelling, Marissa	5	HARTLAND OU...	11-04.00
6	Panetta, Lyla	6	UTICA TRINITY ...	11-04.50
7	Tyll, Stella	6	MACOMB IMM...	11-05.50
8	Gushow, Alaina	6	MONITOR TRIN...	11-07.50
9	Smith, Scarlet	6	FRANKENMUT...	11-08.25
10	O'Neill, Alexis	5	SOUTHGATE C...	11-09.00
11	Bronsberg, Lacy	5	HARTLAND OU...	11-11.00
12	Damore, Bella	6	MONITOR TRIN...	12-01.00
13	Jablonowski, Daisy	6	EASTPOINTE ST...	12-02.50
14	Burrows, Claire	6	MILLINGTON ST...	12-03.50
15	Ruffin, Blake	6	FLINT ST. PAUL	14-04.25

Boys Long Jump 4th, 5th, 6th - B

Finals

Flight 1

1	Kulikowski, Christian	5	BIRMINGHAM ...	10-10.50
2	Hauss, Henry	4	EASTPOINTE ST...	11-02.00
3	Carpino, Dominic	5	PEACE SHELBY	11-02.00
4	Karromi, Jude	6	WALLED LAKE S...	11-05.00
5	Lanham, Dakota	6	JACKSON TRINI...	11-11.75
6	Butler, Cole	5	MONROE TRINI...	12-00.50
7	Klemish, Brady	6	HEMLOCK ST. P...	12-02.25
8	Schlieger, Josh	6	FLINT ST. PAUL	12-03.25
9	May, Luke	6	MACOMB ST. P...	12-07.50
10	Grupp, Mike	6	HARTLAND OU...	12-08.00
11	Martin, Gabe	6	MIDLAND ST. J...	12-08.50
12	Schroer, Edgar	6	ST. PAUL'S EVA...	13-00.00
13	Robinson, Leo	6	FLINT ST. PAUL	13-02.50
14	Shinn, Elijah	6	ANN ARBOR ST...	13-03.50
15	Richardson, Emmett	6	HOLY CROSS L...	13-05.50

Girls Long Jump 7th, 8th - A

Finals

Flight 1

1	Sella, Madi	8	RICHVILLE ST M...	12-01.50
2	Cmeyla, Lindsey	7	PEACE SAGINAW	12-03.00
3	VanSteenkiste, Marian	8	MACOMB ST. P...	12-06.50
4	Alfonsi, Isabella	7	MACOMB IMM...	12-06.75
5	Stark, Gloria	8	MIDLAND ST. J...	12-09.00
6	Whitlam, Samantha	8	MACOMB IMM...	12-10.00
7	Tougas, Emma	7	HARTLAND OU...	13-00.25
8	Brown, Scarlet	8	ROCHESTER ST...	13-00.50
9	Witbeck, Delaynee	8	FRANKENMUT...	13-01.00
10	Armbruster, Morgan	7	CHRIST THE KI...	13-01.00
11	Nelson, Lucy	7	HARTLAND OU...	13-08.25
12	Sims, Ella	8	SOUTHGATE C...	14-00.50
13	Lorch, Amelia	7	ANN ARBOR ST...	14-01.00
14	Schuessler, Julie	8	ST. PAUL'S EVA...	14-10.00
15	Hess, Sophia	8	EASTPOINTE ST...	14-10.00

Boys Long Jump 7th, 8th - A

Finals

Flight 1

1	Gohm, Nathan	7	PEACE SAGINAW	13-08.50
2	Hubbard, Ethan	8	FRANKENMUT...	14-02.50
3	Grenz, Nate	8	SOUTHGATE C...	14-02.50
4	Altevogt, Henry	8	ANN ARBOR ST...	14-07.75
5	Smith, Dominic	8	MACOMB ST. P...	15-00.50
6	Ferdubinski, Jacob	8	SOUTHGATE C...	15-04.00
7	Adams, Cameron	8	WALLED LAKE S...	15-04.75
8	DeWinkle, Ioan	7	HARTLAND OU...	15-10.75
9	Katenhus, Max	8	FAITH BAY CITY	16-00.50
10	Bryant, Adrien	8	CONCORDIA LU...	16-06.00
11	Begeman, Brady	8	SOUTHGATE C...	16-06.00
12	Uher, Landon	8	ANN ARBOR ST...	16-08.25
13	Samborn, Robby	8	MONITOR TRIN...	16-11.00
14	Stout, Hayden	8	PEACE SAGINAW	17-05.00
15	Thiessen, PJ	8	ROCHESTER ST...	17-07.00
16	Hauss, Rudy	8	EASTPOINTE ST...	18-04.00

Top Ten 4th–6th Grade Boys (1971–2022)

100 METER DASH

1	Joshua Tipton	PAA	(12.84)	12.50	17
	Vance Crawford	TRM	(12.87)	12.50	17
3	Aubrey Moore	ZBC		12.68	06
4	Jason Melton	PAA		12.78	83
	Tyler Miles	TSJ		12.79	15
	Levi Yeah	OSL	(13.11)	12.80	21
7	Paul Gay	LFR		12.88	08
8	Nicholas Preville	JFR	(13.28)	12.90	22
9	Tyler Mallik	PNP		12.94	08
	Troy Hecht	MRI		12.98	04
	Jacob Puma	CSO	(13.38)	13.00	16
	PJ Thiessen	JRO	(13.38)	13.00	21

200 METER DASH

1	Aubrey Moore	ZBC		26.15	06
2	Jacob Puma	CSO	(26.64)	26.30	16
3	Levi Yeah	OSL	(27.16)	26.80	21
4	Joshua Tipton	PAA	(27.27)	26.90	17
5	Dylan Jablonski	JMD		27.02	08
	Ben VanSumeren	ZBC		27.03	12
	Che Arocha	ZBC	(27.45)	27.10	19
8	Brandon Snyder	PAA	(27.59)	27.20	16
9	DeAndre Ballard	PEP		27.23	94
	Scott Rauschenberger	GAU		27.24	00
	Terance Green	PFL		27.28	08

400 METER DASH

1	Nick Veitengruber	LFR		59.52	06
	Logan Marcicki	PLA		59.53	08
3	Tim Pitcher	TRM		1:00.29	83
4	Logan Marcicki	PLA		1:00.79	07
	Robby Samborn	TBC	(1:01.20)	1:00.80	21
6	Rudy Hauss	PEP	(1:01.49)	1:01.10	21
7	Nathan Holland	PEP		1:01.92	09
	Richie Beebe	PST		1:01.95	01
9	Jack Lisker	TRM	(1:02.59)	1:02.20	19
10	Carson Brunk	OSL	(1:02.625)	1:02.30	16
	Paul Davenport	MWE	(1:02.629)	1:02.30	16

800 METER RUN

1	Paul Nestor	PLA		2:19.40	08
2	Michael Martinka	LFR		2:20.39	96
3	Tim Irwin	JRO		2:20.61	12
4	Tim Pitcher	TRM		2:23.17	83
5	Matthew Holden	PSA		2:23.90	01
	Brady Cunningham	PAA	(2:24.29)	2:23.90	16
7	Andrew Voelkner	OSL		2:24.03	83
8	Richie Beebe	PST		2:24.25	01
9	Cameron Santangelo	PEP		2:25.82	08
10	Zachery Stadnika	TUT		2:26.15	10

1600 METER RUN

1	Tim Irwin	JRO		5:05.08	12
2	Matthew Rolf	SWF		5:08.29	03
3	Paul Nestor	PLA		5:12.09	08
4	Michael Martinka	LFR		5:13.28	96
5	Jacob Ehrman	PAA		5:18.78	10
6	Hayden Ewald	CKS		5:20.14	08
	Tim Irwin	JRO		5:20.15	11
8	Andy Brittain	TRM		5:20.87	89
9	Matthew Rolf	SWF		5:20.94	02
10	Mark Vance	LFR		5:22.60	92

HIGH JUMP

1	Darryl Webb	JFR	5' 3"	87
2	Ryan Musch	PAA	5' 2"	94
	Andrew Pfundt	TBC	5' 2"	08
	Jared Waltz	TRM	5' 2"	08
5	Philip Schlicker	GUD	5' 1"	93
6	Scott Knabus	TRM	5' 0"	85
	Ron Schwarz	PFL	5' 0"	91
	Sherrod Williams	PEP	5' 0"	96
	Mitch Latray	TRM	5' 0"	06
10	Andy Selich	PMI	4' 11"	86
	Myke Thom	TRM	4' 11"	90
	Ron Schwarz	PFL	4' 11"	90
	Joe Licavoli	PMI	4' 11"	96

LONG JUMP

1	Joshua Tipton	PAA	16' 0"	17
2	Ben Moldenhauer	MWL	15' 6.75"	98
3	Bobby Lanham	TRJ	15' 6.5"	18
4	Nathaniel Wenzell	PSG	15' 5"	21
5	AJ Dirr	PNP	15' 4.75"	19
6	Terance Green	PFL	15' 3.75"	08
7	Brad Fiebig	ISE	15' 3.25"	86
	Matt Nichols	PST	15' 3.25"	00
9	Jaxen Wourman	PAA	15' 3"	19
10	Max Wood	ZBC	15' 2.25"	11

SHOT PUT

1	Kurtis Poore	TRM	38' 1"	05
2	Justin Donaghy	PSG	37' 8.5"	02
3	Brayden Lata	TTO	35' 11.5"	17
4	Matt Berkobian	BSA	35' 9.5"	94
5	Ken Finley	MLG	35' 0"	87
6	Camden Simmons	LFR	34' 4.25"	22
7	Kurt Greenleaf	GAU	34' 4"	96
8	Jacob Bias	CSO	34' 1.5"	17
9	Eddie Moldenhauer	TUT	33' 11.5"	95
10	Craig Otter	JNB	33' 9.75"	97

Note: (FAT Timing) – started in 2016 Conversion: subtract 0.4 and round up to the nearest tenth.

Top Ten 7th–8th Grade Boys (1971–2022)

100 METER DASH

1	David Spezia	PST	11.53	82
	Levi Yeah	OSL (11.95)	11.60	22
	Dominick Dolane	CSO (12.00)	11.60	16
4	Ben Wangelin	OSL (12.01)	11.70	22
	Deven Jewell	MRI (12.09)	11.70	16
6	Blake McRae	PMC	11.77	15
	Logan Manning	MWL	11.79	12
	Ross Niekamp	PNP (12.14)	11.80	22
9	Jason Bierlein	MRI	11.84	02
	Paul Schoenow	LFR	11.84	10
	Aubrey Moore	ZBC	11.85	07
	Jason Brown	PNP	11.86	05
	Adam Houthoofd	PSA	11.87	02
	Vance Crawford	TRM (12.21)	11.90	18
	Ryan Rohrborn	PMC (12.28)	11.90	22

200 METER DASH

1	Ben Wangelin	OSL (24.25)	23.90	22
2	Michael Golden	LFR	23.96	02
	Dominick Dolane	CSO (24.37)	24.00	16
4	David Spezia	PST	24.02	82
	Irvin Wyche	TCT	24.06	08
	Levi Yeah	OSL (24.44)	24.10	22
7	Brad Fiebig	ISE	24.16	88
	Deven Jewell	MRI (24.52)	24.20	16
	Jacob Puma	CSO (24.54)	24.20	17
	Vance Crawford	TRM (24.57)	24.20	18

400 METER DASH

1	Nick Veitengruber	LFR	53.65	08
2	Cullen Greene	JFR (54.18)	53.80	22
3	Jason Huntley	TRM	54.39	00
4	Nathan Holland	PEP	54.85	11
5	William Zeiler	HCD	54.99	82
6	D. Tyson	HCD	55.23	79
7	Mitch Latray	TRM	55.34	08
	Nathan Holland	PEP	55.35	10
9	Jack Veitengruber	LFR	55.52	12
	Coleson Wrege	TRJ	55.53	07
	Paul Nestor	PLA	55.58	10

800 METER RUN

1	Andy Brittain	TRM	2:07.52	91
	Tim Pitcher	TRM	2:07.59	85
3	Travis Borchard	PSA	2:08.47	05
4	Tim Irwin	JRO	2:10.31	14
5	Paul Nestor	PLA	2:11.01	09
6	Hayden Ewald	CKS	2:11.24	10
7	Evan Krzyske	TRM	2:11.83	06
8	Luke Butler	TRM (2:12.71)	2:12.40	19
9	Brett Magnus	LFR (2:13.42)	2:13.10	22
10	Matthew Rolf	JRO	2:13.20	05

1600 METER RUN

1	Andy Brittain	TRM	4:44.14	91
2	Hayden Ewald	CKS	4:44.40	10
3	Mike Janssen	LFR	4:48.20	85
4	Brett Magnus	LFR (4:48.73)	4:48.40	22
5	Tim Pitcher	TRM	4:49.90	85
6	Evan Krzyske	TRM	4:51.54	06
7	Tim Irwin	JRO	4:52.23	14
8	Ethan Rice	PEP (4:53.17)	4:52.80	16
9	Brad Redford	LFR	4:54.73	04
10	Matthew Michaud	TRM	4:55.92	91

HIGH JUMP

1	Nick Peake	BSA	6' 1"	06
2	Myke Thom	TRM	5' 11"	92
	Chuck Arnold	PUN	5' 11"	95
4	Chris Sweets	JRO	5' 10"	83
	Aaron Darley	PAA	5' 10"	90
	Jared Waltz	TRM	5' 10"	10
7	Darryl Webb	JFR	5' 9"	88
	Seth Luplow	PSG	5' 9"	06
	Jackson Maxwell	PFL	5' 9"	10
10	T. Jones	GPD	5' 8"	79
	Darrel Malloch	TRJ	5' 8"	95
	Ryan Musch	PAA	5' 8"	96
	Nick Miscovich	OSB	5' 8"	05
	Stephen Miscovich	OSB	5' 8"	06
	Andrew Pfundt	TBC	5' 8"	10

LONG JUMP

1	Legend Kenny	PMC	18' 11.5"	13
	Brandon Snyder	PAA	18' 11.5"	18
3	Terance Green	PFL	18' 10.25"	10
4	Ben Moldenhauer	MWL	18' 8.5"	00
5	Brock Hall	PFL	18' 6.5"	99
6	Ronald Heard	JDT	18' 5.25"	81
7	Brad Fiebig	ISE	18' 5"	88
8	Stephen Ennis	OSH	18' 4.75"	10
9	R'Hen Wright	BSA	18' 3"	99
	Joshua Tipton	PAA	18' 3"	19

SHOT PUT

1	Scott Barton	PEP	52' 6.5"	81
2	Brayden Lata	TTO	50' 7"	19
3	Eric LaHaine	OSL	49' 10"	79
4	Marcus Reese	LSD	48' 4.5"	87
5	Jason Brown	PNP	48' 0.75"	05
6	Erik Hecht	MRI	47' 2.25"	98
7	Gary Paulette	JAD	46' 9.75"	96
8	David Drwencke	PMC	46' 4.75"	99
	Aaron Meckes	FBC	46' 4.75"	05
10	M. Dinkel	HCF	46' 3.75"	71

Note: (FAT Timing) – started in 2016 Conversion: subtract 0.4 and round up to the nearest tenth.

Top Ten Relays Boys (1971–2022)

400 METER RELAY - 7-8th BOYS

1	St. John, Fraser	(49.58)	49.20	22
2	St. Lorenz, Frankenmuth		49.34	09
3	Holy Ghost, Monroe		49.96	94
4	Our Shepherd, Birmingham		50.09	09
5	St. Paul, Napoleon		50.16	10
	St. Lorenz, Frankenmuth		50.16	10
7	St. John, Rochester		50.23	81
8	St. Lorenz, Frankenmuth		50.47	02
9	Immanuel, Sebawaing		50.63	88
10	St. Paul, Napoleon		50.76	93
	St. Lorenz, Frankenmuth		50.79	04
	St. Lorenz, Frankenmuth		50.80	15

800 METER RELAY - 7-8th BOYS

1	Our Savior, Lansing	(1:43.29)	1:42.90	22
2	St. Lorenz, Frankenmuth		1:43.20	08
3	St. Lorenz, Frankenmuth		1:43.31	07
4	St. Lorenz, Frankenmuth		1:43.60	02
	St. Lorenz, Frankenmuth		1:43.60	09
6	St. Lorenz, Frankenmuth		1:43.72	12
7	St. Lorenz, Frankenmuth		1:44.10	04
8	Holy Ghost, Monroe		1:44.19	94
9	St. Paul, Napoleon		1:44.56	97
10	St. Lorenz, Frankenmuth		1:44.97	98
	Detroit Urban, Detroit		1:45.00	90

1600 METER RELAY - 7-8th BOYS

1	St. Lorenz, Frankenmuth		3:55.35	12
2	Trinity, Monroe		3:57.84	00
3	St. Lorenz, Frankenmuth		3:58.86	08
4	St. Lorenz, Frankenmuth	(4:00.46)	4:00.10	22
5	Trinity, Utica		4:00.50	12
6	St. Lorenz, Frankenmuth	(4:01.39)	4:01.00	22
7	Trinity, Bay City	(4:01.64)	4:01.30	22
8	St. Lorenz, Frankenmuth		4:02.08	13
9	St. Lorenz, Frankenmuth		4:03.08	07
10	St. Peter, Eastpointe		4:03.63	10

400 METER RELAY - 4-6th BOYS

1	St. Lorenz, Frankenmuth		55.26	00
2	St. Paul, Ann Arbor	(56.30)	55.90	16
3	St. Lorenz, Frankenmuth		56.19	90
	Holy Cross, Detroit		56.20	87
5	St. Paul, Ann Arbor		56.31	88
6	Bethlehem, Saginaw		56.69	90
7	Immanuel, Macomb	(57.46)	57.10	22
8	Christ the King, Sebawaing		57.14	13
9	Immanuel, Bay City		57.24	88
10	St. Lorenz, Frankenmuth		57.34	96
	St. Lorenz, Frankenmuth		57.36	08
	Our Savior, Lansing		57.39	90
	Immanuel, Macomb	(57.79)	57.40	21

800 METER RELAY - 4-6th BOYS

1	St. Lorenz, Frankenmuth		1:56.45	96
2	St. Lorenz, Frankenmuth	(1:57.21)	1:56.90	18
3	St. Lorenz, Frankenmuth		1:57.07	05
4	St. Paul, Napoleon		1:57.85	08
5	St. Lorenz, Frankenmuth		1:57.98	06
6	St. Lorenz, Frankenmuth		1:58.65	08
7	Immanuel, Macomb	(1:59.40)	1:59.00	21
8	Trinity, Monroe		1:59.24	05
	Zion, Bay City		1:59.25	06
10	Trinity, Utica		1:59.45	87
	St. Lorenz, Frankenmuth		1:59.46	02

1600 METER RELAY - 4-6th BOYS

1	St. Lorenz, Frankenmuth	(4:28.14)	4:27.80	18
2	St. Peter, Eastpointe		4:30.16	09
3	St. Paul, Lapeer		4:34.38	08
4	St. Lorenz, Frankenmuth		4:37.00	05
5	St. Peter, Eastpointe		4:38.01	94
6	Trinity, Utica		4:39.73	10
7	St. Lorenz, Frankenmuth		4:40.40	06
8	St. Lorenz, Frankenmuth		4:41.55	15
9	St. Lorenz, Frankenmuth	(4:42.11)	4:41.80	16
10	St. Stephen, Waterford		4:42.08	03

Note: (FAT Timing) – started in 2016 Conversion: subtract 0.4 and round up to the nearest tenth.

Top Ten 4th–6th Grade Girls (1971–2022)

100 METER DASH

1	Hannah Livingston	PSA	(13.47)	13.10	17
2	Kate Osantowski	TRE		13.30	12
3	Lacey Juengel	PMC		13.36	12
	Kayla Finkbeiner	HCS		13.40	04
5	Hannah Livingston	PSA	(13.89)	13.50	16
6	Hailee Clack	PFL		13.53	15
	Alexis Johnson	CRD		13.53	13
	Olivia Wyche	TCT		13.55	08
	Brooke Swan	CSO		13.55	14
	Hailee Clack	PFL		13.56	14
	Andrea DeBardelaben	HCS		13.57	85
	Amaya Leslie	TRM	(13.95)	13.60	16
	Lauren Sheldon	JRO	(14.00)	13.60	22

200 METER DASH

1	Bettina Winkler	JRO		26.20	12
2	Angie Ritter	ISA		26.26	08
3	Kenzie Reuber	PMC		27.36	12
4	Olivia Wyche	TCT		27.72	08
5	Lauren Sheldon	JRO	(28.56)	28.20	22
6	Rachel Marter	TTO		28.38	08
	Ashley Ruhlig	TRM	(28.80)	28.40	18
8	Alex Thomas	PLA		28.47	11
9	Kayla Finkbeiner	HCS		28.61	04
	Hailey Ekong	TRJ	(29.06)	28.70	16

400 METER DASH

1	Winonah Krug	TRM		1:04.42	04
2	Victoria Pereyra	MWE		1:05.16	15
3	Kaitlyn Gilchrist	IMC		1:05.27	08
4	Laura Rolf	JRO		1:05.38	99
5	Diana Gildo	OSL		1:05.49	14
6	Emily Wee	LFR		1:05.65	06
7	Bethany Cmeyla	PSA	(1:06.14)	1:05.80	22
8	Courtney Zorn	LFR		1:05.98	94
9	Grace Williamson	CKS		1:06.24	15
10	Connie Mallinson	CCH		1:06.41	96

800 METER RUN

1	Laura Rolf	JRO		2:24.99	99
2	Winonah Krug	TRM		2:33.89	04
3	Gwenyth Huddle	PNP	(2:35.47)	2:35.10	22
4	Evelyn Short	TRM	(2:35.53)	2:35.20	17
5	Lauren Conant	TRM	(2:35.67)	2:35.30	17
6	Kayla Pfund	JRO		2:35.46	04
7	Becky Chase	LFR		2:35.62	85
8	Thea Schley	MWA	(2:36.45)	2:36.10	16
9	Lindsey Cmeyla	PSA	(2:36.87)	2:36.50	22
10	KC Thornton	TRM		2:37.11	13

1600 METER RUN

1	Kayla Pfund	JRO		5:29.61	04
2	Laura Rolf	JRO		5:29.85	99
3	KC Thornton	TRM		5:41.40	13
4	Gwenyth Huddle	PNP	(5:42.33)	5:42.00	22
5	Laura Rolf	JRO		5:42.03	98
6	Ashlyn Nagel	FBC		5:42.70	14
7	Lucy Conzelmann	LFR	(5:44.99)	5:44.60	21
8	Anne Keinath	PAA		5:48.24	96
9	Gina Patterson	TUT		5:50.00	09
10	Alexandra Szajna	TUT		5:50.19	06

HIGH JUMP

1	Lauren Sheldon	JRO		4' 11"	22
2	Heather Wuobio	JAM		4' 10"	99
	Amber Siegle	PMC		4' 10"	02
4	Madison Kieft	PAA		4' 9"	16
5	Kristen Miller	PFL		4' 8"	88
	Tanisha Warren	PCD		4' 8"	88
	Ariel Roberts	GUD		4' 8"	03
8	Charlene Parrish	TTO		4' 7"	77
	Holly Voorheis	LFR		4' 7"	85
	Samantha Waltz	TRM		4' 7"	06
	Jasmine Hearn	TTO		4' 7"	17
	Charity Frank-DeRoch	TRM		4' 7"	22

LONG JUMP

1	Andrea Finkbeiner	HCS		14' 5"	06
2	Emily Grulke	JFR		14' 4"	17
3	Nicole Bade	LFR		14' 2.5"	02
4	Ashley Ruhlig	TRM		14' 2.25"	18
5	Heather Hess	MRI		13' 11.5"	97
	Jasmine Hearn	TTO		13' 11.5"	17
7	Kaylin Butler	HCS		13' 11"	02
	Maiah Dunham	PAA		13' 11"	19
9	Holly Hay	CCH		13' 10.75"	86
	Emilee LeRoux	HCS		13' 10.75"	10
	Juliana Paoletti	HGM		13' 10.75"	13

SHOT PUT

1	Alexis Boyke	MRI		37' 5"	17
2	McKenzie Harper	TRM		34' 7.5"	05
3	Catarina Quinn	JAM		34' 1"	05
4	Abby Karst	MRI		32' 9"	17
5	Ashley Frahm	ISA		32' 7.5"	07
6	Sara Schunter	PFL		31' 9.5"	03
7	Alexis Boyke	MRI		31' 7.5"	16
8	Mary Raney	MRI		31' 6.75"	97
9	Erika Hocevar	PMC		31' 6.5"	06
10	Kloey Hall	BSA		31' 5.75"	22

Note: (FAT Timing) – started in 2016 Conversion: subtract 0.4 and round up to the nearest tenth.

Top Ten 7th–8th Grade Girls (1971–2022)

100 METER DASH

1	Zoe Eby	HGM	12.38	13
2	Alex Thomas	PLA	12.51	12
	Alex Thomas	PLA	12.53	13
4	Jessica Doherty	IMC	12.75	08
	Kate Osantowski	TRE	12.75	13
	Mariah Oberhaus	PNP (13.20)	12.80	16
7	Cindy Ponichtera	BSA	12.88	72
	Andrea DeBardelaben	HCS	12.89	87
	Kate Osantowski	TRE	12.89	14
	Gianna Bellisario	JRO (13.24)	12.90	17
	Grace Williamson	CKS (13.29)	12.90	17

200 METER DASH

1	Angie Ritter	ISA	25.17	10
2	Zoe Eby	HGM	25.87	13
3	Alex Thomas	PLA	26.01	13
4	Alex Thomas	PLA	26.44	12
	Grace Williamson	CKS (26.90)	26.50	17
6	Angie Ritter	ISA	26.71	09
7	Kelsey Ritter	ISA	26.87	06
	Mariah Oberhaus	PNP (27.27)	26.90	16
9	Kendall Homan	PNP	26.97	06
10	Olivia Shelton	LFR	27.02	08
	Kierstyn Bully	LFR (27.43)	27.10	19

400 METER DASH

1	Myiah Welborn	TTO (1:00.39)	1:00.00	19
2	Simone Green	TTO	1:00.35	15
3	Angie Ritter	ISA	1:00.61	09
4	Emily Wee	LFR	1:01.33	08
5	Lauren Hamilton	OSL (1:01.88)	1:01.50	19
6	Amaya Leslie	TRM (1:01.95)	1:01.60	18
7	Kelsey Ritter	ISA	1:01.87	06
8	Diana Gildo	OSL (1:02.32)	1:02.00	16
9	Connie Mallinson	CCH	1:02.13	98
10	Victoria Pereyra	MWE (1:02.82)	1:02.50	17

800 METER RUN

1	Laura Rolf	SWF	2:27.33	01
2	Isabella Curry	PHE (2:28.08)	2:27.70	21
3	Laura Rolf	JRO	2:27.99	00
4	Katie Rolf	SWF	2:28.08	03
5	Michelle Rolf	JRO	2:28.22	98
6	KC Thornton	TRM	2:28.96	15
7	Amaya Leslie	TRM (2:29.57)	2:29.20	18
8	Winonah Krug	TRM	2:29.70	05
9	Tiffany Granzow	PMC	2:30.10	15
10	Winonah Krug	TRM	2:30.28	06

1600 METER RUN

1	Laura Rolf	JRO	5:20.99
2	Ashlyn Nagel	FBC	5:29.56
3	Amanda Wood	TUT (5:32.42)	5:32.10
	Ashlyn Nagel	FBC (5:32.43)	5:32.10
5	Marina Aguilera	HGM	5:32.28
6	Claire Neumann	TRE (5:33.42)	5:33.10
7	Riley Day	MWE	5:33.50
8	Ashley McClelland	PMC (5:34.11)	5:33.80
9	Laura Rolf	SWF	5:34.61
10	KC Thornton	TRM	5:35.04

HIGH JUMP

1	Hannah Hall	PMI	5' 3"
2	Holly Voorheis	LFR	5' 2"
	Taylor Penzeien	PMC	5' 2"
4	Chaesa Howard	JMD	5' 1"
	Anastasia Donahee	TRJ	5' 1"
6	Danielle Reinbold	ISA	5' 0"
	Grace Baumgartner	PSG	5' 0"
	Morgan Auernhammer	PBC	5' 0"
	Karli Crocker	PMC	5' 0"
	Chelsea Merkiel	MRI	5' 0"

LONG JUMP

1	Sarah Rievert	CKS	17' 0.75"
2	Simone Green	TTO	16' 5.5"
3	Jessica Scherting	PSG	16' 1.75"
	Kendall Homan	PNP	16' 1.75"
	Micahela Hill	CRD	16' 1.75"
6	Sarah Rievert	CKS	16' 0"
7	Nicole Huntley	TRM	15' 11"
8	Mika Gasco	PAA	15' 9.25"
9	Annie Diener	BSA	15' 9"
10	Amaya Leslie	TRM	15' 8.75"

SHOT PUT

1	Ashley Frahm	ISA	42' 11.5"
2	Alexis Boyke	MRI	41' 10.75"
3	Ashley Frahm	ISA	40' 1"
4	Yvette Williams	HCD	39' 6.75"
5	Mary Raney	MRI	39' 3.75"
6	Kendra Stadler	TRM	39' 2.5"
7	Alexandria Elliott	HGM	38' 11"
8	Alexis Boyke	MRI	38' 3.25"
9	Kamryn Bice	HGM	37' 5.75"
10	Brooke Gamble	IMC	37' 5"

Note: (FAT Timing) – started in 2016 Conversion: subtract 0.4 and round up to the nearest tenth.

Top Ten Relays Girls (1971–2022)

400 METER RELAY - 7-8th GIRLS

1	St. Lorenz, Frankenmuth	53.44	08
2	St. John, Detroit	54.39	79
3	Bethlehem, Saginaw	54.54	11
4	St. Lorenz, Frankenmuth	54.81	10
	St. John, Rochester	(55.22) 54.90	17
6	Immanuel, Macomb	(55.39) 55.00	18
7	St. Lorenz, Frankenmuth	55.10	77
8	St. Lorenz, Frankenmuth	55.21	13
	Bethlehem, Roseville	55.28	89
10	Detroit Urban, Detroit	55.48	09

400 METER RELAY - 4-6th GIRLS

1	Immanuel, Bay City	58.24	88
2	St. John, Rochester	(59.07) 58.70	22
3	Peace, Detroit	58.74	88
4	Peace, Detroit	58.82	89
5	St. Lorenz, Frankenmuth	59.00	93
6	St. John, Midland	59.32	00
7	St. Lorenz, Frankenmuth	59.41	08
	St. Paul, Napoleon	(59.84) 59.50	17
9	Immanuel, Macomb	(60.00) 59.60	16
10	St. Lorenz, Frankenmuth	59.61	06
	Peace, Shelby Township	(1:00.03) 59.70	18

800 METER RELAY - 7-8th GIRLS

1	St. Lorenz, Frankenmuth	1:52.33	07
2	St. Lorenz, Frankenmuth	1:52.58	10
3	Immanuel, Saginaw	1:54.54	10
4	St. Paul, Napoleon	1:55.30	76
5	St. John, Rochester	(1:55.73) 1:55.40	19
	St. John, Rochester	(1:55.77) 1:55.40	17
7	St. Lorenz, Frankenmuth	1:55.76	95
8	Trinity, Monroe	(1:56.40) 1:56.00	18
9	Bethlehem, Saginaw	1:56.16	11
10	St. Lorenz, Frankenmuth	1:56.50	77
	St. Lorenz, Frankenmuth	(1:56.82) 1:56.50	18
	St. Lorenz, Frankenmuth	(1:56.88) 1:56.50	17

800 METER RELAY - 4-6th GIRLS

1	St. Lorenz, Frankenmuth	1:59.19	06
2	Immanuel, Saginaw	2:02.13	08
3	Trinity, Monroe	(2:03.00) 2:02.60	16
4	Trinity, Monroe	(2:03.34) 2:03.00	18
5	St. John, Detroit	2:03.12	90
6	St. Lorenz, Frankenmuth	2:03.39	08
7	St. Paul, Ann Arbor	(2:04.68) 2:04.30	19
8	St. Lorenz, Frankenmuth	2:04.47	05
9	St. Lorenz, Frankenmuth	2:04.53	00
10	St. Lorenz, Frankenmuth	2:04.77	93

1600 METER RELAY - 7-8th GIRLS

1	St. John, Rochester	(4:23.93) 4:23.60	19
2	St. Lorenz, Frankenmuth	4:28.92	08
3	Trinity, Toledo	(4:30.32) 4:30.00	19
4	St. Lorenz, Frankenmuth	4:30.23	07
5	Trinity, Monroe	4:32.13	98
6	Christ the King, Sebawaing	4:34.15	10
7	St. Lorenz, Frankenmuth	4:34.34	95
8	Trinity, Monroe	(4:35.23) 4:34.90	19
9	Christ the King, Sebawaing	(4:35.36) 4:35.00	17
10	St. Lorenz, Frankenmuth	(4:35.86) 4:35.50	17

1600 METER RELAY - 4-6th GIRLS

1	St. John, Rochester	(4:46.56) 4:46.20	17
2	Christ the King, Sebawaing	4:51.53	15
3	St. John, Rochester	(4:52.15) 4:51.80	18
4	Trinity, Monroe	(4:53.43) 4:53.10	17
5	St. Lorenz, Frankenmuth	4:53.11	00
6	St. Lorenz, Frankenmuth	4:54.52	06
7	St. Peter, Macomb	4:55.27	05
8	St. Peter, Macomb	4:55.51	00
9	St. John, Rochester	4:56.37	94
10	St. John, Rochester	4:57.05	04

Note: (FAT Timing) – started in 2016 Conversion: subtract 0.4 and round up to the nearest tenth.

Team Score Recognition

Michiana Timing has allowed us the opportunity to provide recognition for the team with the highest team score by gender (boys/girls) and class (A/B). The three regionals saw the following schools recognized for their team performance on May 20, 2023. We will also recognize four teams at today's state meet based on the same criteria!

The regional winners were:

Region I - Saginaw

A Girls - St. Lorenz, Frankenmuth

B Girls - St. Lorenz, Frankenmuth

A Boys - St. Lorenz, Frankenmuth

B Boys - St. Lorenz, Frankenmuth

Region II - Ann Arbor

A Girls - Our Savior, Lansing

B Girls - Trinity, Monroe

A Boys - Our Savior, Grand Rapids

B Boys - St. Paul, Ann Arbor

Region III - Macomb

A Girls - St. Peter, Macomb

B Girls - Immanuel, Macomb

A Boys - St. Peter, Macomb

B Boys - Immanuel, Macomb

CONCORDIA SPORTS CAMPS



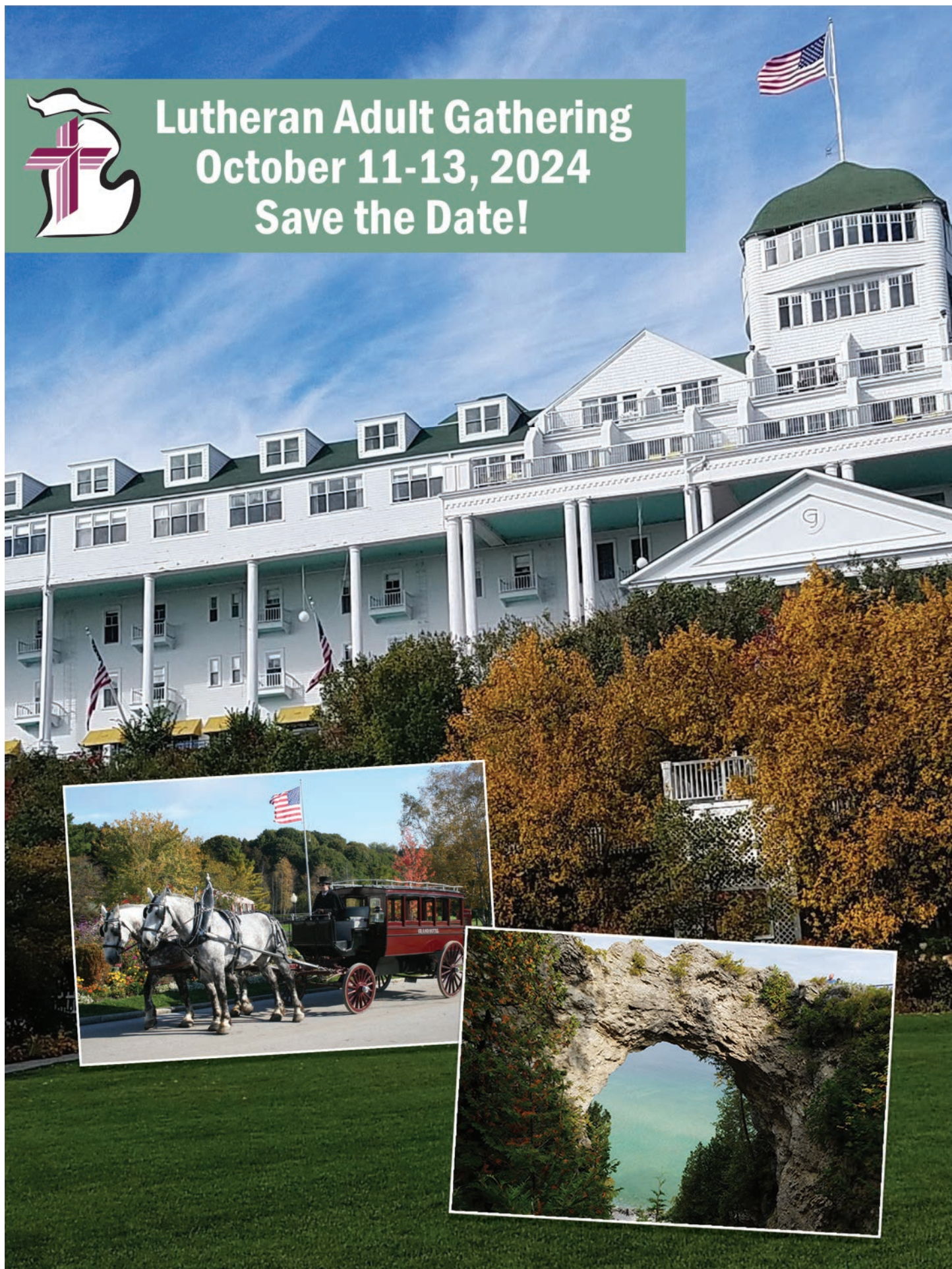
concordiacardinals.com

2nd - 12th Grade



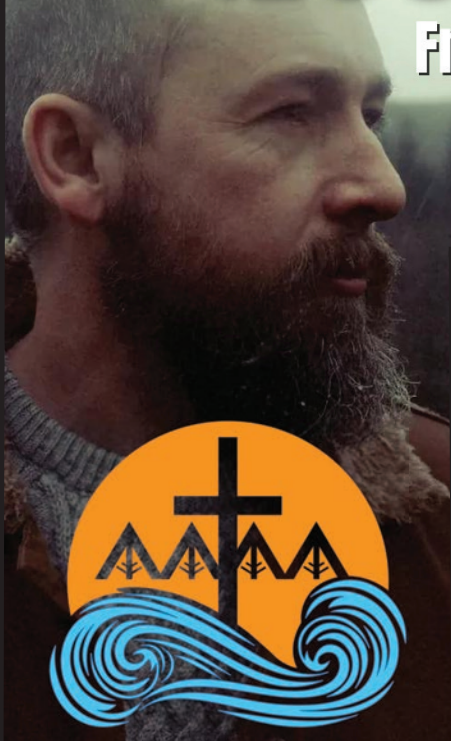


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