

All Pastors Conference 2021

Counselors



This year the compassion ministry will benefit pastors and their wives' mind, body, and soul. One of the ways this can happen is through counseling appointments. Licensed counselors will provide 45 minute sessions at various times throughout the day.



Brenda Heissenbuettel is a Licensed Professional Counselor and a Certified Trauma Specialist. Brenda began her professional career as a Lutheran School Teacher and then a Family Minister, which provided her opportunities to work with all ages in various settings. She continues to work with all ages, combining her experiences in full-time church work with her career as a mental health therapist. Currently, Brenda works for Wayne County's Child Advocacy Center as a therapist for children who have experienced various forms of severe trauma, including physical and/or sexual abuse, domestic violence, or witness to a violent crime. She also works in private practice with all ages and concerns, including marriage counseling, and with those who experience anxiety, depression, or have trauma in their past. Brenda states, *"I enjoy and value people, each uniquely different and dearly loved by our gracious God. I desire to support others through life as we all strive to thrive."*



Nida Khan grew up in the Middle East, Asia, and Canada. She has over 15 years of mental health experience working with individuals who are struggling with Mood Disorders, Grief and Bereavement, Trauma, PTSD, Foster Care involvement, Domestic Violence, and Cultural Identity issues. Nida has a B.A. in Psychology and an M.A. in Counseling from Spring Arbor University. She is passionate about helping others plant the seeds of change and develop the tools they need to lead more productive lives, all done with a Christian therapeutic perspective. Her small private practice is located in Macomb County.



Rebecca Nelson is a fully licensed MSW and has worked with children, families, adults, and couples since completing her Masters in Social Work in 1984. Areas of training and work have included trauma, grief and loss, play therapy, school performance, behavior management, anger management, depression and anxiety, suicidal ideation, parent/child conflict, adoption, divorce, self-esteem, and communication. She has worked in outpatient, school, and home-based settings, and has been in private practice for the last 3 years. Rebecca grew up in the LCMS in the Royal Oak area and has spent the last 29 years in Grand Rapids, where she is an active member at Immanuel. She has been married for 32 years and has three children.



Margie Rosenow grew up in Detroit, attending both Lutheran elementary and Lutheran high schools. She began teaching at Mt. Calvary, Detroit in 1970, then took time off to raise two boys. After returning to teaching for several years, primarily at St. John, Fraser, she made a decision to change careers, and in 1997 completed her Master's Degree in psychology. She worked full-time in that field until retirement in July, 2013. Margie still maintains a small private practice in counseling. In addition, she is currently on call with MedStar Ambulance Services, providing debriefing and counseling, as needed, to the EMTs and Medics. This has become a very rewarding experience for her.



Cheryl Spaulding has an MA in Counseling, LMSW (Licensed Masters Social Worker) and certification in Spiritual Direction under Newway Ministries. She provides individual and marriage counseling through her ministry, Morning Star Ministries. She also leads day retreats for women, an annual weekend women's retreat, and facilitates support and discipleship groups. She has been in private practice for over 25 years. Prior to her private practice, Cheryl worked in the area of crisis intervention and was on staff as Director of Counseling Ministries at Faith, Troy. She has over 40 years of experience in the field of counseling and spiritual direction. Cheryl and her husband Robin are passionate about small group and marriage ministry and have been leading in-house groups for over 30 years.