

## **Faith Formation in the Age of the Selfie**

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Recommended Reading, Resources and Bibliography

### **Articles (in no particular order)**

Your Smartphone is making you Stupid, Anti-social, and Unhealthy: So Why Can't You Put it Down? (The Globe and Mail, Jan. 2018)

<https://www.theglobeandmail.com/technology/your-smartphone-is-making-you-stupid/article37511900/>

We Need To Talk about Kids and Smartphones (Time Magazine, Oct. 2017)

<http://amp.timeinc.net/time/4974863/kids-smartphones-depression/?source=dam>

A Smartphone will Change your Child in Ways you might not Expect or Want (Institute for Family Studies, Jan. 2018)

<https://ifstudies.org/blog/a-smartphone-will-change-your-child-in-ways-you-might-not-expect-or-want>

Your Addiction to Social Media is No Accident (Vice, May 2017)

[https://www.vice.com/en\\_us/article/vv5jkb/the-secret-ways-social-media-is-built-for-addiction](https://www.vice.com/en_us/article/vv5jkb/the-secret-ways-social-media-is-built-for-addiction)

iPhones and Children are a Toxic Pair, say Two Big Apple Investors (Wall Street Journal, Jan. 2018)  
[behind paywall]

<https://www.wsj.com/articles/iphones-and-children-are-a-toxic-pair-say-two-big-apple-investors-1515358834>

David Brooks, "Intimacy for the Avoidant" (*New York Times*, Oct. 2016)

[http://www.nytimes.com/2016/10/07/opinion/intimacy-for-the-avoidant.html?\\_r=0](http://www.nytimes.com/2016/10/07/opinion/intimacy-for-the-avoidant.html?_r=0)

Alan Jacobs, "Habits of Mind in an Age of Distraction" (*Comment Magazine*, June 2016),

<https://www.cardus.ca/comment/article/4868/habits-of-mind-in-an-age-of-distraction/>

How I Got My Attention Back (Wired Magazine, Jan. 2017)

[https://www.vice.com/en\\_us/article/vv5jkb/the-secret-ways-social-media-is-built-for-addiction](https://www.vice.com/en_us/article/vv5jkb/the-secret-ways-social-media-is-built-for-addiction)

Alissa Wilkinson, "Idols, Icons and Facebook" (*Comment Magazine*, April 2011)

<https://www.cardus.ca/comment/article/2756/idols-icons-and-facebook/>

James McWilliams, "Saving the Self in the Age of the Selfie" – *The American Scholar*, Feb. 2016)

<https://theamericanscholar.org/saving-the-self-in-the-age-of-the-selfie/#.WA4hBsmNWPv>

Andrew Sullivan, "My Distraction Sickness – And Yours" – *New York Magazine*, Sept. 2016)

<http://nymag.com/selectall/2016/09/andrew-sullivan-technology-almost-killed-me.html>

Facebook and Twitter 'harm young people's mental health' – *The Guardian*, May 2017

<https://www.theguardian.com/society/2017/may/19/popular-social-media-sites-harm-young-peoples-mental-health>

## Books (in no particular order)

Heidi Campbell and Stephen Garner, *Networked Theology: Negotiating Faith in Digital Culture* (Baker Academic, 2016) - <http://amzn.to/2Bhh0by>

Detweiler, Craig, *iGods: How Technology Shapes our Spiritual and Social Lives* (Brazos, 2013) - <http://amzn.to/2DTTZi1>

Rebecca Konyndyck DeYoung, *Vainglory: The Forgotten Vice* (Eerdmans, 2014) - <http://amzn.to/2DmfKWJ>

Andy Crouch, *The Tech-Wise Family: Everyday Steps for Putting Technology in its Proper Place* (Baker Books/Barna, 2017) - <http://amzn.to/2DWfsXL>

Sherry Turkle, *Alone Together: Why We Expect More from Technology and Less from Each Other* (Basic Books, 2012) - <http://amzn.to/2Bg8Wbf>

Sherry Turkle, *Reclaiming Conversation: The Power of Talk in a Digital Age* (Penguin, 2015) - <http://amzn.to/2G0FyJJ>

James K. A. Smith, *You Are What You Love: The Spiritual Power of Habit* (Brazos, 2016) - <http://amzn.to/2FXsDbI>

R. J. Snell, *Acedia and its Discontents: Metaphysical Boredom in an Empire of Desire* (Angelico Press, 2015). - <http://amzn.to/2Dz7ypl>

Donna Freitas, *The Happiness Effect: How Social Media is Driving a Generation to Appear Perfect at any Cost* (Oxford University Press, 2017) - <http://amzn.to/2FXAW7b>

Sherry Turkle, "Why We Must Relearn the Art of Conversation" (Zocalo Public Square) – Soundcloud Audio – <https://soundcloud.com/zocalopublicsquare/why-we-must-relearn-the-art-of-conversation>

Sherry Turkle, "Connected, but Alone" TED talk - [https://www.ted.com/talks/sherry\\_turkle\\_alone\\_together?language=en](https://www.ted.com/talks/sherry_turkle_alone_together?language=en)

Women and Social Media (BARNA) - [http://www.barna.com/research/women-report-mixed-feelings-social-media/#.V\\_LWcsnN6VC](http://www.barna.com/research/women-report-mixed-feelings-social-media/#.V_LWcsnN6VC)

## Suggested Videos

(on the tyranny of being interesting, Dos Equis gets it right)

The Most Interesting Man in the World - <https://www.youtube.com/watch?v=L-4zfsy6rsM>

(what social interaction action looks like in a world of personal devices)

I Forgot My Phone - <https://www.youtube.com/watch?v=OINa46HeWg8>

(provocative piece on the epidemic of loneliness but the importance of solitude for overcoming it)

The Innovation of Loneliness - <https://vimeo.com/70534716>

(humorous and crass, but an accurate portrayal of who we've become because of our phones)  
Louis C.K. on Conan O'Brien show - <https://youtu.be/5HbYScltf1c>