

COUNSELOR QUESTIONNAIRE

Cheryl Spaulding MA, LMSW – Morning Star Ministries
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1. What are your areas of counseling experiences and / or expertise?

Marriage, grief, relational conflicts, sexual abuse and spiritual direction

2. What payments options will you consider?

My fee for the initial consultation and subsequent sessions is \$80.00. I am happy to lower my fee when there is a need to do so.

3. Do you work with all insurance companies?

Some insurance is accepted. Contact the office for more details.

4. Do you provide educational counseling that teaches specific skills?

Yes, I offer a "Grief Information Class" that teaches skills designed to help people through the grieving process.

5. Are you a member of a religious organization?

Grace Lutheran Fellowship, Romeo

6. What is your professional training / background? To what professional associations do you belong?

American Counseling Association. I have a Master's Degree in Counseling (MA), and am licensed as a Master's in Social Work (LMSW). I have received certification in spiritual direction through Dr. Larry Crabb's School of Spiritual Direction, and have received extensive training through Dr. Crabb's Institute of Biblical Counseling.

I have 10 years experience in crisis intervention, education, and training of hospital personnel, police, and mental health professionals.

I have 10 years experience as Director of Counseling Ministries at Faith Lutheran Church in Troy, Michigan where I developed and facilitated support groups, provided counseling services, taught classes, sponsored educational seminars on a variety of topics, and trained and supervised lay counselors.

I am currently in private practice and have been for the past 20 years.

7. Is there any other information that would be helpful?

Through my ministry, Morning Star Ministries, I sponsor and lead an annual fall retreat for women. I also offer monthly day-retreats for women. I teach classes and offer seminars on a variety of topics. My husband Robin and I offer day and weekend marriage retreats. For more information, visit www.morningstarministries.net